

DIRECTORY

OF

SOCIAL SERVICES



FOR THE

WHITTIER AREA

CITY OF WHITTIER - SOCIAL SERVICES COMMISSION

2009

Directory of Social Services and Youth Service Agencies for the Whittier Area

Forward

The role of effective community resources in meeting today's social service and youth needs grow more important each year.

It is our hope that this directory provides a useful reference guide to inform families, friends, community members and professionals of the multitude of local organizations.

We do not attempt to evaluate or endorse individual service agencies or categories of service. Furthermore, we acknowledge that this publication is not exhaustive, and that there are many service providers who do not come to our attention. We welcome the opportunity to add information regarding new services each year. We also acknowledge that the information is as current as we are able to make it, recognizing that change often occurs.

The Directory of Social Services is published by the City of Whittier

We would like to acknowledge and thank the following agencies and people for their contribution to the directory:

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HOTLINES

AIDS	(800) 367-AIDS
.....	T.D.D. (888) 225-AIDS
AL ANON	(800) 356-9996
ALCOHOL ABUSE HELPLINE	(800) 229-7708
ALCOHOLICS ANONYMOUS	(323) 936-4343
ALZHEIMER'S ASSOCIATION	(800) 272-3900
AMERICAN DIABETIC ASSOCIATION	(800) 342-2383
ARTHRITIS FOUNDATION INFORMATION LINE	(800) 283-7800
BATTERED WOMEN HOTLINES	(800) 548-2722
.....	(562) 945-3939
.....	(323) 681-2626
BECAUSE I LOVE YOU PARENT SUPPORT GROUP	(818) 882-4881
CALIFORNIA MISSING CHILDREN	(800) 222-3463
CALIFORNIA RELAY SERVICE	(800) 735-2922
CALIFORNIA YOUTH CRISIS HOTLINE	(800) 843-5200
CANCER HOTLINE	(800) 422-6237
C.D.C. - SEXUAL DISEASE HOTLINE	(800) 232-4636
.....	T.T.Y. (888) 232-6348
CHILD ABUSE	(800) 540-4000
.....	T.T.Y. (213) 639-1327
CHILD HELPLINE U.S.A.	(800) 422-4453
CIDER HOUSE/ DETOX PROGRAM	(562) 864-7724
COCAINE ANONYMOUS	(800) 347-8998
DEPARTMENT OF SOCIAL SERVICES L.A. COUNTY (Medical)	(877) 597-4777
DOMESTIC VIOLENCE	(800) 978-3600
EATING DISORDERS PROGRAM	(800) 533-5266
.....	(310) 784-2253
ELDER ABUSE (Adult Protective Services)	(800) 992-1660

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HOSPICE CARE REFERRALS	(800) 331-1620
LOS ANGELES COUNTY HEALTH & NUTRITION HOTLINE (D.P.S.S.)	(877) 597-4777
MOTHERS AGAINST DRUNK DRIVERS (M.A.D.D.)	(310) 215-2905
NARCONON HOTLINE	(800) 876-6378
NARCOTICS ANONYMOUS	(562) 698-4604
NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN	(800) 843-5678
.....T.T.Y. (800) 826-7653	
NATIONAL HEARING & SPEECH LINE	(800) 638-8255
NATIONAL RUNAWAY SWITCHBOARD	(800) 621-4000
NURSING HOME CONDITIONS OR ABUSE (L.A. County)	(800) 228-1019
OMBUDSMAN LINE	(800) 334-9473
PESTICIDE REFERRALS	(800) 858-7378
POISON CONTROL CENTER	(800) 876-4766
RAPE CRISIS CENTER	(310) 392-8381
RAPE HOTLINE	(562) 597-2002
STANDUP PARENTING (Parent Support Groups)	(888) 727-3689
SUICIDE PREVENTION	(877) 727-4747
VENEREAL DISEASE HOTLINE	(800) 227-8922
VICTIMS OF CRISIS	(800) 842-8467
VICTIMS OF DOMESTIC VIOLENCE	(562) 945-3939
WE TIP - ARSON, CRIME, DRUGS, & FRAUD	(800) 782-7463
WOMEN & CHILDREN'S CRISIS SHELTER	(562) 945-3939
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**Adult Protective Services –
L.A. County Dept. of Community & Senior Citizens Services**

3175 W. 6th St., Rm. 402
Los Angeles, CA 90010
(213) 738-2600 – Administration
(213) 351-5401 – Information & Referrals Only
(800) 992-1660 – Elder/Disabled Adult Abuse Hotline
(877) 477-3646 a.k.a. 877-4-R-Seniors – Elder Abuse Hotline

Web: css.lacounty.gov

*Both hotlines are toll-free, 24 hr.
Hours: Mon.-Fri., 7 a.m. to 6 p.m.

Assistance for dependent, elderly and disabled adults who are neglecting themselves or who are being abused by others. Referrals are made to other agencies and assistance with In Home Support Service (I.H.S.S.) applications. Serves all of L.A. County, including eastern San Gabriel Valley. Spanish, Tagalog and Cantonese services available.

Aurora Charter Oak Hospital Behavioral Health Care

1161 E. Covina Blvd.
Covina, CA 91724
(626) 966-1632
(800) 654-2673

Web: www.aurorabehavioral.com/charteroak/

*Both phone numbers are 24 hr.

Crisis intervention, inpatient psychiatric and substance abuse care for adults, adolescents and children. Free assessment and referrals. After care services free for up to one year beyond discharge. Specialized family groups. Serves all of L.A. and Orange Counties. Spanish available.

Bilingual Shelter for Victims of Domestic Violence

(323) 268-7564
(800) 548-2722

*Both phone numbers are 24 hr.

Evaluations for shelters and referral services. Serves all of L.A. County.

Carino Program – S.P.I.R.I.T.T. Family Services

13135 Barton Rd.
Whittier, CA 90605
(562) 777-1410

Web: www.spiritt.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

*After hrs. available with appt.

Prevention programs for child abuse. Available to the entire family. Parenting classes, anger management and abuse counseling. Sliding fee scale. Spanish available.

Center for the Pacific Asian Family

543 N. Fairfax Ave., Rm. 108
Los Angeles, CA 90036
(323) 653-4045
(800) 339-3940 – 24 hr.

Web: www.cpagf.info

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Free services. Emergency shelter, crisis intervention, counseling, case management and victim advocacy assistance offered. Works with public throughout the medical, legal, criminal justice and social service systems. Languages spoken include Vietnamese, Chinese, Korean, Asian, Indian, Filipino, Japanese, Thai, Cambodian and Lao.

Child Protection Hotline

425 Shatto Place, Rm. 307
Los Angeles, CA 90020
(800) 540-4000 – 24 hr.

L.A. County only. Accepts reports of child abuse. Offers crisis counseling and refers callers to local agencies for further information and services. Spanish available.

Children Protective Services – Los Angeles County

425 Shatto Place, Rm. 307
Los Angeles, CA 90020
(213) 351-5507 – Administration
(213) 351-5602 – Public Information Line
(213) 639-4492 – Emergency Command Post

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Provides information on child abuse and response such as foster care, welfare and adoption. Offers crises counseling and referrals. Spanish available.

Child-Help U.S.A.

1345 El Central Ave.
Hollywood, CA 90028
(323) 465-4016 – Regional Administration
(800) 422-4453 a.k.a. (800) 4-A-CHILD – 24 hr., Natl. Hotline

Web: www.childhelp.org

Hours: Mon.-Fri., 9 a.m. to 5:30 p.m.

Residential and therapeutic treatment of abused children and their families. Research and public education, group homes and after care services, as well as diagnostic advocacy centers. Counselors are paid trained professionals. Crisis intervention information.

Family Crisis Center

(310) 379-3620 – 24 hr.

Web: www.1736ffc.org

Counseling and referrals for battered women, children and teenagers to shelters. Provides outpatient counseling on a sliding fee scale. Spanish available.

Gary Center

341 S. Hillcrest St.
La Habra, 90631
(562) 691-3263

Web: www.garycenter.org

Hours: Mon.-Thur., 8 a.m. to 8 p.m.
Fri., 8 a.m. to 4 p.m.

Dental Clinic: Mon.-Sat., 8 a.m. to 4 p.m.
*Serves children & adults.

Offers community counseling for victims of abuse and the perpetrators. Programs include marriage, family, individual and child counseling. Youth outreach programs include date rape and anger management for children, ages 4 to 17 years. Assistance to military families. Free ESL courses. Accepts Medical and private insurance. Sliding fee scale for all services including dental. Serves all areas of L.A. and Orange Counties. Spanish available.

HELPLINE Youth Counseling

Norwalk Office:

12440 E. Firestone Blvd., Ste. 1000
Norwalk, CA 90650
(562) 864-3722
(562) 864-4596 – Fax

Whittier Office:

13329 Sundance Ave.
Whittier, CA 90605
(562) 941-1575

Web: helplineyouthcounseling.org

Norwalk Hours: Mon.-Thur., 8 a.m. to 8 p.m.
Fri., 8 a.m. to 6 p.m.

Whittier: Mon.-Thur., 8 a.m. to 4:30 p.m.

Offers individual, family and group counseling for children, ages 13 to 17 years. Specializing in delinquency prevention and intervention; child abuse and neglect prevention and intervention; and non-residential alcohol and drug treatment along with recovery services for adolescents. Spanish available.

Intercommunity Child Guidance Center

10155 Colima Rd.
Whittier, 90603
(562) 692-0383
(562) 692-0380 – Fax

Web: www.intercommunity.org
Email: info@intercommunity.org

Hours: Mon.-Thur., 8 a.m. to 7 p.m.
Fri., 8 a.m. to 5 p.m.

Counseling and psychotherapeutic services for children, ages 2 to 18 years and their families. Parent education. No HMO's or sliding fee scale. Accepts Medical, Healthy Families and private insurance.

Los Angeles County Dept. of Children & Family Services

425 Shatto Place, Rm. 307
Los Angeles, CA 90020
(213) 351-5507 – Administration Office
(213) 351-5602 – Public Information Line
(800) 339-6993 – County Resource Line

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Legally mandated to provide protective services to child victims of abuse, neglect and exploitation. Also provided to the families of these children. Spanish available.

Los Angeles County Dept. of Children & Family Services – Santa Fe Springs (Regional Office)

10355 Slusher Dr.
Santa Fe Springs, CA 90670
(562) 903-5000

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Protective services for child victims of abuse, neglect and exploitation. Also provided to the families of these children, including: Emergency Response and Dependency Investigation, Family Preservation, Family Maintenance and Reunification, Permanency Placement, Adoption and Emancipation Planning. Serving Whittier, Lakewood, Bellflower, Santa Fe Springs, La Mirada, Downey, Norwalk, South Gate, Hawaiian Gardens, La Habra, La Habra Heights, Artesia, Cerritos and Signal Hill. Spanish available.

National Center for Missing & Exploited Children

(800) 843-5678 – 24 hr. Hotline

Comprehensive services for children and families regarding abuse. Referrals. Includes group, individual and parental counseling. Report missing children and 24-hr. emergency response for rape or abuse. Spanish available.

O.P.T.I.O.N.S. / Childcare and Human Services – Resource & Referral

100 N. Citrus St., Ste. 300
West Covina, 91791
(626) 967-7848 – Administration
(626) 858-0527 – Child Development Centers (Ages 3 to 4)
(626) 854-3449 – Half-Day Preschool (Ages 3 to 4)
(626) 459-4299 – Head Start (Ages 3 to 4)
(626) 284-9935 – Surround Care (Ages 5 to 11)

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Various childcare services including resource and referral, child counseling, along with teen, family and parenting classes. Please call for both daycare guidelines and class enrollment. Programs aim to provide a safe learning environment for families who cannot afford daycare. Also offers daycare for individuals who not meet guidelines. Funding: State, Federal, United Way, non-profit. Serves: San Gabriel Valley, Whittier and La Mirada. Spanish and Chinese available.

Web: www.optionscc.com

Project Sister

P.O. Box 1369
Pomona, CA 91769
(909) 623 -1619
(909) 626-4357 – 24 hr.
(626) 966-4155 – 24 hr.

Hours: Mon.-Fri. 8 a.m. to 5 p.m.

Counseling services available to Whittier residents and abused women. Will pick up from police department or hospital and support individual throughout court trial. Sliding fee scale. Spanish available.

Web: www.projectsister.org
Email: info@projectsister.org

S.P.I.R.I.T.T. Family Services – Challenging Latinos to Access Resource Opportunities (C.L.A.R.O.)

9401 S. Painter Ave., Bldg. E
Whittier, CA 90605
(562) 698-9436

Web: www.spiritt.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Works with middle and high schools as well as other community agencies to help young males, ages 12 to 18, define their identity and find solutions to problems. Programs provided include: counseling (individual, family and group), drug testing, support groups, parenting classes, anger management and after-school activities/education. Also provides prevention and intervention for alcohol and drug abuse, domestic violence and gang involvement.

Su Casa Domestic Abuse Network

Mailing Address:

P.O. Box 998
Artesia, CA 90702

Main Address:

3840 Woodruff Ave, Ste. 203
Long Beach, CA 90808
(562) 421-6537 – Administration
(562) 421-8117 – Fax
(562) 402-4888 – 24 hr.

Web: www.sucasadv.org

Email: info@sucasadv.org

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Battered women and abused children. Referrals to shelter, counseling, temporary restraining orders, public education and child abuse support groups. All services are free. A transitional program for victims of domestic violence and an emergency shelter program where they can stay for a maximum of one year and develop self-sufficiency skills. Spanish available.

Victim-Witness Assistance Program

Norwalk Superior Courthouse
12720 Norwalk Blvd., Rm. 201
Norwalk, CA 90650
(562) 807-7230 – Advocates for individuals
(800) 380-3811 – Toll-free
(800) 773-7374 – Emergency

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Programs for child victims of domestic violence and victims with disabilities. Will escort to court and provide security for victims/witnesses who are in danger or feel threatened. Assists in obtaining restitution and compensation. Provides referrals to social agencies. Assists victims in filing claims for mental health services, loss of support/wages, medical bills and funeral bills. Spanish available.

Women & Children's Crisis Center

12519 Washington Blvd., Bldg. A
Whittier, CA 90608
(562) 945-3937
(562) 945-3939 – 24 hr.

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Provides emergency shelter for battered women and their children without any other resources. Accepts male children up to age 17, no age limit for female children. Also provides individual counseling along with legal, financial and housing advocacy. Shelter is for 45 days.

ANIMAL CARE

Humane Society of San Gabriel Valley

851 E. Grand Ave.
San Gabriel, CA 91776
(626) 286-1159

Website: www.sgvhumane.org

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Provide adoptions for homeless pets. Lost and found services for owners of lost pets. Population control (spay/neuter) and low cost vaccination clinics available. Veterinary care for injured animals.

Pet Assistance Foundation

150 W. 6TH St., Suite 201
San Pedro, CA 90731
(310) 732-1230 – Administration
*Voice mail only. Will return calls.
(877) 772-9738 – Service/Resource line

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Referrals to low cost services for animals. No medical care services, only referrals. Serving L.A. County and San Gabriel Valley. Spanish available.

Southeast Area Animal Control Authority (S.E.A.A.C.A.)

9777 Seaaca St.
Downey, CA 90241
(562) 803-3301 – Office
(562) 803-3676 – Fax
(562) 940-6898 – After Hrs. & Holidays
(562) 803-3301, Ext. 239 – Pet Licensing

Web: www.seaaca.org
Email: info@seaaca.org *Not for licensing or emergencies.

Office Hours: Mon., Sat., 8 a.m. to 5 p.m.
Tues.-Fri., 8 a.m. to 6 p.m.

Shelter: Tues.-Fri., 11 a.m. to 6 p.m.
Sat., 10 a.m. to 5 p.m.

Clinic: Tues.-Fri., 10 a.m. to 4:30 p.m.
Sat., 9 a.m. to 3 p.m.
*Closed Mon., Sun., & Holidays.

Provides food and shelter services for animal control for the cities of Bell Gardens, Bellflower, Buena Park, Downey, Lakewood, Montebello, Norwalk, Paramount, Pico Rivera, Santa Fe Springs, South Gate, South El Monte, Whittier and Vernon. Animal adoptions are available as well as veterinary services to the public. Spanish available.

CHILDREN'S SERVICES

California Missing Children

(800) 222-3463 – 24 hr.

Web: www.ag.ca.gov *Link on site.

Report a missing child. Website includes bulletin, database by age, particular name search.

California Youth Crisis Hotline

(800) 843-5200 – 24 hr.

Web: www.californiacoalitionforyouth.org

Crisis intervention counseling, resource referral, message relay for individuals between the ages of 12 to 24 years old. Spanish available.

Child Support Services Dept. – Los Angeles County

Division II

5770 S. Eastern Ave.

Commerce, CA 90040

(323) 890-9800 – Call Ctr.

(800) 615-8858 – 24 hr.

Web: childsupport.co.la.ca.us

Email: cservice@childsupport.co.la.ca.us

Division Hours: Mon.-Fri., 8 a.m. to 5 p.m.

*Open to public.

Call Center: Mon.-Fri., 6:30 a.m. to 6 p.m.

Administrate, collect, enforce and distribute child support payments. Assist with legal procedures, including locating parents, establishing paternity and administering court orders. Division II covers both the incorporated and unincorporated areas of Whittier. Call to locate your specific division.

Children's Home Society of California

1300 W. 4th St.

Los Angeles, CA 90017

(213) 240-5900 – Office

(562) 256-7490 – Resource & Referral

Web: www.chs-ca.org/index2.html

Hours: Mon.-Fri., 9 a.m. to 3:30 p.m.

Offers childcare services for developmentally disabled or emotionally disturbed children. Childcare and development services, community education, financial services and advocacy. Post adoption services.

Homework House of Whittier Presbyterian Church

6030 S. El Rancho Dr.

Whittier, CA 90606

(562) 692-3748

Web: www.homeworkhouse.com

Hours: Mon.-Thur., 3 to 5 p.m.

Grades: 1-6. Free tutoring and mentoring for children at risk for academic failure and dropping out of school. Focus in on literacy skills, learning and self-improvement.

Kinship Resource Centers

9834 Norwalk Blvd.

Santa Fe Springs, CA 90670

(562) 777-1751

(800) 694-7263

Web: www.abanet.org/child/kinshipcare.shtml

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Assistance to caregivers taking full-time care of a relative's children. Program includes three Kinship Resource Centers offering a variety of services for kinship families, including case management, respite care, educational forums, recreational activities and support groups for both caregivers and children. Spanish available.

Los Angeles County Dept. of Children & Family Services

425 Shatto Place, Rm. 307

Los Angeles, CA 90020

(213) 351-5507 – Administration Office

(213) 351-5602 – Public Information Line

(800) 339-6993 – County Resource Line

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Legally mandated to provide protective services to child victims of abuse, neglect and exploitation. Also provided to the families of these children. Spanish available.

CHILDREN'S SERVICES

Los Angeles County Dept. of Children & Family Services – Adoption & Foster Care Divisions

Adoption:

532 E. Colorado Blvd.
Pasadena, CA 91101

Foster Care:

3075 Wilshire Blvd., 9th Floor
Los Angeles, CA 90010

(888) 811-1121

Hours: Mon.-Fri., 8 am. to 5 p.m.

Casework and financial assistance with costs of maternity care for natural parents considering an adoptive plan. Study of child to consider best plan for him/her. Options may also include foster care along with medical and psychological services. Pre-placement studies of homes and applicants for children. Spanish and Tagalog available.

Los Angeles County Dept. of Public Social Services (D.P.S.S.) – Child Welfare

12727 Norwalk Blvd.

Norwalk, CA 90650

(562) 807-7840

(562) 807-7860 – Information

(866) 613-3777 – Customer Service

*Most helpful; features Self-Service option.

(800) 660-4026 – T.D.D.

Web: dpss.lacounty.gov

Dept. Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Info.: Mon.-Fri., 9 to 11 a.m. & 1 to 3 p.m.

Serving Santa Fe Springs, Norwalk, La Mirada and Whittier. Financial assistance for A.F.D.C.-eligible residents. Food stamps and Medical available.

Women, Infants & Children (W.I.C.)

Uptown Whittier W.I.C. Center

12825 Philadelphia St., Unit-C

Whittier, CA 90601

(626) 856-6600 – Office

(888) 942-2229 – 24 hr.

Web: www.phfewic.org

Hours: Mon., Tues., Thur., & Fri.,
7:30 a.m. to 6 p.m.

Wed., 7:30 a.m. to 7:30 p.m.

Special supplemental program providing nutrition education and food vouchers for purchasing specific foods such as milk, cheese, cereal, juice and infant formula. Program services pregnant and breastfeeding women, as well as infants and children up to 5 years of age. Admissions requirements: low to moderate income, high risk, with medical referral. Services available at locations throughout L.A. and Orange Counties.

CITY SERVICES AND FACILITIES

City of La Habra – City Hall

201 E. La Habra Blvd.
La Habra, CA 90631
(562) 905-9700

Web: www.ci.la-habra.ca.us/

Hours: Mon.-Thur., 7:30 a.m. to 5:30 p.m.
Fri., 7:30a.m. to 4:30 p.m.
*Closed every other Friday.

Call main number for City of La Habra departments and services. Spanish available.

City of La Mirada – City Hall

13700 S. La Mirada Blvd.
La Mirada, CA 90638
(562) 943-0131

Web: www.cityoflamirada.org

Hours: Mon.-Fri., 7:30 a.m. to 5 p.m.

Call main number for City of La Mirada departments and services. Spanish available.

City of Montebello – City Hall

1600 W. Beverly Blvd.
Montebello, CA 90640
(323) 887-1200

Web: www.cityofmontebello.com

Hours: Mon.-Fri., 7:30 a.m. to 5:30 p.m.

Call main number for City of Montebello departments and services. Spanish available.

City of Norwalk – City Hall

P.O. Box 1030
12700 Norwalk Blvd.
Norwalk, CA 90651
(562) 929-5700

Web: www.ci.norwalk.ca.us/

Hours: Mon-Thur., 8 a.m. to 6 p.m.
Fri., 8 a.m. to 5 p.m.
*Closed every other Friday.

Call main number for City of Norwalk departments and services. Spanish available.

City of Pico Rivera – City Hall

6615 S. Passons Blvd.
Pico Rivera, CA 90660
(562) 942-2000

Web: www.ci.pico-rivera.ca.us/

Hours: Mon.-Fri., 7:30 a.m. to 5:30 p.m.
*Closed every other Friday.

Call main number for City of Pico Rivera departments and services. Spanish available.

City of Santa Fe Springs – City Hall

11710 E. Telegraph Rd.
Santa Fe Springs, CA 90670
(562) 868-0511

Web: www.santafesprings.org

Hours: Mon.-Fri., 7:30 a.m. to 5:30 p.m.
*Closed every other Friday.

Call main number for City of Santa Fe Springs departments and services. Spanish available.

City of Whittier – City Hall

13230 Penn St.
Whittier, CA 90602
(562) 945-8200

Web: www.cityofwhittier.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Call main number for City of Whittier departments and services. Spanish available. For park locations, see RECREATION section.

City of Whittier – Community Services Department

7630 Washington Ave.
Whittier, CA 90602
(562) 464-3430

Web: www.cityofwhittier.org

Office Hours: Mon.-Fri., 8 a.m. to 5 p.m.
Facility: Mon.-Fri., 8 a.m. to 9 p.m.
Sat., 9 a.m. to 2 p.m.

With gymnasium, aerobics room, meeting rooms, variety of recreational and social programs, audio-visual equipment, pianos, kitchen and restrooms.

CITY SERVICES AND FACILITIES

City of Whittier – Court House

7339 S. Painter Ave.
Whittier, CA 90602
(562) 907-3134 – Traffic
(562) 907-3127 – Civil
(562) 907-3113 – Criminal
(562) 907-3139 – Jury

Hours: Mon.-Fri., 8 a.m. to 4:30 p.m.

Call for information relating to specific judicial functions (see phone numbers on left).

City of Whittier – Emergency Operations Center (E.O.C)

13230 Penn St.
Whittier, CA 90602
(562) 945-8200, Ext. 419

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Service center in the event of an emergency in the City of Whittier.

City of Whittier – Police Department

7315 S. Painter Ave.
Whittier, 90602
(562) 945-8250 – Business
(562) 464-3415 – Code Enforcement
(562) 698-5972 – T.D.D.
9-1-1 EMERGENCY

***24 hr. coverage.**

Enforce laws, provide police officers, speakers on crime prevention topics, inspect homes to deter burglar prevention. Serves Whittier and Santa Fe Springs.

Web: www.whittierpd.org

City of Whittier – Public Library

Central:
7344 Washington Ave.
Whittier, CA 90602
(562) 464-3450

Central Hours: Mon.-Wed., 10 a.m. to 9 p.m.
Thurs.-Fri., 10 a.m. to 6 p.m.
Sat., 10 a.m. to 5 p.m.

Whittwood Branch:
10537 Santa Gertrudes Ave.
Whittier, CA 90602
(562) 464-3470

Whittwood: Mon.-Tues., Noon to 9 p.m.
Wed.-Fri., 10 a.m. to 6 p.m.
Sat., 10 a.m. to 5 p.m.

Library services, educational and recreational. Must have a valid library card to borrow materials.

Web: www.whittierlibrary.org

City of Whittier – Senior Citizens Centers

13225 Walnut St.
Whittier, CA 90602
(562) 464-3370

Office Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Parnell Park
15390 Lambert Rd.
Whittier, CA 90604
(562) 464-3350

Multi-purpose senior centers presenting a comprehensive program of human services and recreation activities for the mature adult of 55 or older with a dining room, piano, meeting rooms and kitchen. Socialization and drop-in programs as well as a scheduled program of educational classes, special events, cultural activities, lectures, health screenings, exercise programs and volunteer opportunities.

City of Whittier – Transportation Ctr. at the Historic Depot

7333 Greenleaf Ave.
Whittier, CA 90602
(562) 698-2131

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

With meeting room and restrooms.

Catholic Charities of Los Angeles, Inc. – Psychological Services

Main and Mailing Address:

P.O. Box 15095
1530 James M. Wood Blvd.
Los Angeles, CA 90015
(213) 251-3569
(213) 380-4603 – Fax

Pomona Division:

1215 S. Hamilton Blvd.
Pomona, CA 91766
(909) 622-2824

Web: www.CatholicCharitiesLA.org

Email: info@CatholicCharitiesLA.org

Hours: Mon.-Fri., 9 a.m. to 6 p.m.

Non-profit. Domestic violence groups. Call for an appointment. Funded by the United Way, insurance reimbursement and fees. Sliding fee scale. Covers all of L.A. County. Services and website available in Spanish. Also call main division and ask for family and social services provided in Pico Rivera.

Family Center

6709 Greenleaf Ave., Ste. 300
Whittier, CA 90601
(626) 966-1577 – Administration
(562) 693-0759 – Voice mail

540 S. Eremland Dr.
Covina, CA 91723
(626) 858-3315 – Administration
(626) 966-1577 – Intake for Children

Hours: Mon.-Fri., 8 a.m. to 9 p.m.

Counseling services for children, families, adults and victims of crime. Also provides anger management and parenting classes. Services San Gabriel Valley, Pomona and Whittier area. Sliding fee scale. Spanish available.

Fragile X Association of Southern California

P.O. Box 6924
Burbank, CA 91510
(818) 754-4227 – 24 hr.

Web: www.fraxsocal.org

The Fragile X Association of Southern California is a non-profit organization that provides support and information to families and others affected by Fragile X syndrome. Spanish available.

Genesis Counseling

Atrium Business Courts
6528 Greenleaf Ave., Ste. 123
Whittier, CA 90601
(562) 945-8501

Hours: Mon.-Thur., 10 a.m. to 6 p.m.

Offers counseling to individuals, couples, families, children, teenagers and adults. Help with problems such as depression, self-esteem, alcohol and drug abuse, eating disorders, divorce and more. Sliding fee scale. No walk-ins and no Spanish available.

HELPLINE Youth Counseling

Norwalk Office:

12440 E. Firestone Blvd., Ste. 1000
Norwalk, CA 90650
(562) 864-3722
(562) 864-4596 – Fax

Whittier Office:

13329 Sundance Ave.
Whittier, CA 90605
(562) 941-1575

Web: helplineyouthcounseling.org

Norwalk Hours: Mon.-Thur., 8 a.m. to 8 p.m.
Fri, 8 a.m. to 6 p.m.

Whittier: Mon.-Thur., 8 a.m. to 4:30 p.m.

Offers individual, family and group counseling for children, ages 13 to 17 years. Specializing in delinquency prevention and intervention; child abuse and neglect prevention and intervention; and non-residential alcohol and drug treatment along with recovery services for adolescents. Spanish available.

Intercommunity Counseling Center

7702 Washington Ave.
Whittier, CA 90602
(562) 698-1272 – Office
(562) 698-1274 – Fax

Web: www.iccwhittier.org

Office Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Service: Mon.-Fri., 9 a.m. to 8 p.m.

*Appt. only.

Individual and family therapy. Pre-marital and marital workshops. Teen, parenting and anger management classes. Children of divorced parents group counseling. Women's relaxation and suicide support groups. Call ahead. No walk-ins. Sliding scale fee.

Intercommunity Child Guidance Center

10155 Colima Rd.
Whittier, CA 90603
(562) 692-0383
(562) 692-0380 – Fax

Web: www.intercommunity.org
Email: info@intercommunity.org

Hours: Mon.-Thur., 8 a.m. to 7 p.m.

Fri., 8 a.m. to 5 p.m.

Counseling and psychotherapeutic services for children, ages 2 to 18 years and their families. Designed to diagnose and treat emotionally disturbed children in need of professional help, but who do not require inpatient service. Has crisis intervention program which includes eight sessions free of charge to a family whose child has recently experienced a crisis (e.g. death in family, molestation, natural disaster). No HMO's or sliding fee scale. Accepts Medical, Healthy Families and private insurance.

Los Angeles Ctr. for Alcohol & Drug Abuse (L.A.C.A.D.A.)

Community Services Dept.
P.O. Box 3205
11015 Bloomfield Ave.
Santa Fe Springs, CA 90670
(562) 906-2676
(562) 906-2681 – Fax

Web: www.lacada.com

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Medical adolescent drug treatment, eligible patients aged 13 to 18. Six-month duration with random UA testing. Adult outpatient treatment program for 9 to 12 months duration. Residential treatment for adults; parenting and anger management classes, drug diversion and domestic violence-court ordered classes. HIV/AIDS court ordered classes. Fees on sliding scale.

Los Angeles County Dept. of Mental Health

(800) 854-7771 – 24 hr.

Web: dmh.lacounty.gov

Phone referral and crisis intervention. Includes evaluations, patients' rights and information for mental health.

**Los Angeles Commission on Assault Against Women,
"Peace Over Violence"**

605 W. Olympic Blvd., Ste. 400
Los Angeles, CA. 90015
(213) 955-9090
(213) 626-3393 – 24 hr.
(213) 955-9095 – T.D.D.

Web: www.peaceoverviolence.org

Hours: Mon.-Fri., 9 a.m. to 5:30 p.m.

Crisis intervention hotline and in-person services for survivors of rape, incest and domestic violence (men, women and children). Support groups on rape, battery, incest and stalking. Self defense for women and children. Speakers Bureau, Teen Abuse Prevention Program. Deaf services available for counseling and self-defense classes. Information and referral. Spanish available.

Luna Recovery

7007 Washington Ave., Ste. 240
Whittier, CA 90602
(562) 693-0400

Web: www.lunarecovery.org

Hours: Mon.-Thur., 9 a.m. to 7 p.m.
Fri., 9 a.m. to 5 p.m.
Sat., 9 a.m. to 1 p.m.

Non-profit, state certified. Drug and alcohol outpatient program. Targeting adolescents and adults in the City of Whittier and surrounding areas.

O.P.T.I.O.N.S. / Childcare & Human Services – Resource & Referral

100 No. Citrus St., Ste. 300
West Covina, 91791
(626) 967-7848 – Administration
(626) 858-0527 – Child Development Centers (Ages 3 to 4)
(626) 854-3449 – Half-Day Preschool (Ages 3 to 4)
(626) 459-4299 – Head Start (Ages 3 to 4)
(626) 284-9935 – Surround Care (Ages 5 to 11)

Web: www.optionscc.com

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Various childcare services including: resource and referral, child counseling, along with teen, family and parenting classes. Please call for both daycare guidelines and class enrollment. Programs aim to provide a safe learning environment for families who cannot afford daycare. Also offers daycare for individuals who not meet guidelines. Funding: State, Federal, United Way, non-profit. Serves: San Gabriel Valley, Whittier and La Mirada. Spanish and Chinese available.

Project Sister

P.O. Box 1369
Pomona, CA 91769
(909) 623 -1619
(909) 626-4357 – 24 hr.
(626) 966-4155 – 24 hr.

Web: www.projectsister.org
Email: info@projectsister.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Dedicated to reducing the trauma and incidence of sexual assault in the communities served. No fees. Counseling services available to Whittier residents. Prevention education programs.

Southeast Area Counseling Center

10909 Orr & Day Rd.
Santa Fe Springs, CA 90670
(562) 868-9919

Hours: Mon.-Thur., 1 to 8 p.m.
*Closed Fridays.

Professional mental health services for individuals and families. Domestic violence, anger management, AAA and court mandated. Community Family Guidance. Counseling seminars available for children. Sliding fee scale. Spanish available.

S.P.I.R.I.T.T. Family Services

9401 S. Painter Ave., Bldg. E
Whittier, CA 90605
(562) 698-9436

Web: www.spiritt.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Counseling on a sliding scale based on income. Programs provided are: counseling (individual, family and group), drug testing, support groups, parenting classes, anger management, along with after-school activities/education. Also provides prevention and intervention for alcohol and drug abuse, domestic violence and gang involvement.

**S.P.I.R.I.T.T. Family Services –
Communication Skills for Families**

9401 S. Painter Ave., Bldg. E
Whittier, CA 90605
(562) 698-9436

Web: www.spiritt.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Anger management, parenting and problem solving skills. All members of family, ages 10 and up. Classes are held from 6:30 p.m. to 9:30 p.m. One night a week for a seven-week period. Spanish classes available. Cost is \$75 per family.

Straight Talk La Mirada

La Mirada Resource Center
13712 La Mirada Blvd.
La Mirada, CA 90638
(562) 943-0195

Hours: Mon.-Wed., 9 a.m. to 6 p.m.

Thur., 9:30 a.m. to 5:30 p.m.

*Closed Fridays.

Individual, couple and family counseling offered to residents of La Mirada only. Some groups and classes offered to surrounding communities. Services include parenting class, men's group, women's group, anger management group and teen support. Development workshops and referral services. Sliding fee scale. Spanish available.

Su Casa Domestic Abuse Network

Mailing Address:

P.O. Box 998
Artesia, CA 90702

Main Address:

3840 Woodruff Ave, Ste. 203
Long Beach, CA 90808
(562) 421-6537 – Administration
(562) 421-8117 – Fax
(562) 402-4888 – 24 hr.

Web: www.sucasadv.org

Email: info@sucasadv.org

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Free supportive services to victims of domestic violence and child abuse. Through a 24-hr. crisis hotline, clients gain access to shelter, food, clothing, counseling, temporary restraining orders (T.R.O.), legal assistance, transportation and advocacy. Outreach service includes individual and group counseling, teen outreach program, parenting classes, children's support group and T.R.O. assistance. A transitional program for victims exiting and an emergency shelter program where they can stay for a maximum of one year and develop self-sufficiency skills. Spanish available.

Whittier-Rio Hondo AIDS Project, Inc.

9200 Colima Rd., Ste. 104
Whittier, CA 90605
(562) 698-3850
(877) 997-1399 – Toll-free

Office Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Client: Mon.-Fri., 9 a.m. to 4 p.m.

Case management, support groups, benefits counseling, legal services (referral), counseling (referral) and housing. Spanish available.

Women Helping Women Services

543 N. Fairfax Ave.

Los Angeles, CA 90036

(323) 655-3807 – Main Directory

(877) 655-3807 – Counseling *Individual appt. only

Hours: Mon., Tues., & Thurs.,

10 a.m. to 12:30 p.m.

Wed., 6 to 8 p.m.

Callers receive emotional support and practical information on various issues. Support groups dealing with divorce, single parenting, domestic violence, self-esteem, individual counseling, case management and volunteering. Scholarship opportunities for women returning to school. Services are free or on low income sliding fee scale. Spanish available.

COUNTY, STATE, AND FEDERAL SERVICES

Department of Consumer Affairs – Los Angeles County

500 W. Temple St., Rm. B-96
Los Angeles, CA 90012
(800) 593-8222 – 24 hr.
(213) 974-1452 – Information
(213) 626-0913 – T.T.Y.

Web: dca.lacounty.gov
Email: dca@co.la.ca.us *Faster response by email.

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Responds to telephone and walk-in inquiries along with complaints related to consumer problems in the marketplace. Investigates and mediates consumer complaints of unfair, unethical or deceptive business practices. Spanish available.

Department of Consumer Affairs – State of California

1625 N. Market Blvd., Ste. 112
Sacramento, CA 95834
(916) 445-1254
(916) 322-1700 – T.T.D.
(800) 952-5210 – Toll-free *2 days to return calls.

Web: www.dca.ca.gov
Email: dca@dca.ca.gov *Faster response by email.

Hours: Mon.-Fri., 8 a.m. to 4:45 p.m.

Referral services for the 38 boards and bureaus under Consumer Affairs. Depending on the nature of the complaint or request for information agency will refer consumer to appropriate government agencies: state, federal, city or county. Spanish available.

Department of Homeland Security – United States Citizenship & Immigration Services (U.S.C.I.S.)

300 N. Los Angeles St.
Los Angeles, CA 90012
(800) 375-5283 – National Customer Service Center
(800) 870-3676 – Forms only

Los Angeles County Citizenship Assistance Campaign

4716 Cesar E. Chavez Ave.
Los Angeles, CA 90022
(323) 260-2804 *Call for appt.

International Institute of Los Angeles

11100 E. Valley Blvd., Ste. 105
El Monte, CA 91731
(626) 452-9421 *Call for appt.

Web: www.iilosangeles.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Obtain citizenship card, work visas and extensions. Provide legal forms and information pertaining to immigration citizenship, amnesty laws and registry. In person services only available with appointment. Call customer service center for nearest regional office. Serves: L.A., San Bernardino, Riverside, Orange, Santa Barbara, San Luis Obispo and Ventura counties.

H.U.D. – Community Development Commission / Housing Authority of Los Angeles County

12131 Telegraph Rd.
Santa Fe Springs, CA 90670
(562) 347-4663
(562) 906-4928 – T.D.D.
(800) 731-4663 – Outside of 562 Area Code

Web: www.hacola.org
www.hud.gov/apps/section8/index.cfm

Hours: Mon.-Fri., 8 a.m. to 4:30 p.m.
*Peak hours 10 a.m. to 2 p.m.

Rental assistance for low-income, disabled and the elderly. Section 8 or 202 certificates or vouchers required. Applications are available on website. Spanish available.

L.A. County Helps!

Web: lacountyhelps.org
*See "Contact Information" link for a list of facilities, and type in zip code for your local Dept. of Public Social Services (D.P.S.S.).

Online social services directory for all of L.A. County. Log on to research available programs, the guidelines to qualify, accompanying applications that can be printed out, and the facilities/departments responsible for servicing the public.

COUNTY, STATE, AND FEDERAL SERVICES

Los Angeles County Dept. of Public Social Services (D.P.S.S.)

12727 Norwalk Blvd.
Norwalk, CA 90650
(562) 807-7840
(562) 807-7860 – Information
(866) 613-3777 – Toll-Free, Customer Service
*Most helpful; features Self-Service option.
(310) 761-2041 – General Relief
(800) 660-4026 – T.D.D.

Web: dpss.lacounty.gov

Dept. Hours: Mon.-Fri., 8 a.m. to 5 p.m.
Info.: Mon.-Fri., 9 to 11 a.m. & 1 to 3 p.m.

Financial assistance (A.F.D.C.), CalWORKS, food stamps and Medical for those meeting program eligibility requirements. D.P.S.S. General Relief is financial/medical aid for single persons only. Cash aid for “immediate needs” when someone applies or before he/she is approved. Applicant must detail all of his/her needs, including money for diapers, medicine, transportation or a utility shutoff notice. If being evicted, an applicant may obtain cash aid for the month within three working days. Help with move-in cost to a permanent home (does not have to be paid back). Call for more detailed information and services.

Los Angeles County Fire Department

7733 Greenleaf Ave.
Whittier, CA 90602
(562) 698-6009 – Whittier
(562) 868-0411 – L.A. County

Web: www.fire.lacounty.gov

***24 hr. coverage.**

Serving Hacienda Heights, La Mirada, Pico Rivera and Whittier (city and unincorporated areas).

Los Angeles County Sheriff Dept. – Norwalk

12335 Civic Center Dr.
Norwalk, 90650
(562) 863-8711 – Non-emergency

Web: www.lavote.net

***24 hr. coverage.**

Serves unincorporated Whittier only, Norwalk, and La Mirada areas.

Los Angeles County Sheriff Dept. – Pico Rivera

6631 S. Passons Blvd.
Pico Rivera, CA 90660
(562) 949-2421

Registrar-Recorder / Los Angeles County Clerk

12400 Imperial Hwy.
Norwalk, CA 90650
(562) 462-2137 – Office
(800) 201-8999 – Information Hotline

Web: www.lavote.net

***24 hr. coverage.**

Serving Pico Rivera and unincorporated Whittier only.

Hours: Mon.-Fri., 8 a.m. to 5 p.m.
*Peak hours 10 a.m. to 3 p.m.

Call for various county-related records (birth and death certificates, marriage licenses, etc.).

Social Security Administration – Social Security & Supplemental Security Income (S.S.I.)

7200 S. Greenleaf Ave. Ste. 200
Whittier, CA 90602
(562) 789-5728
(800) 772-1213 – General Information

Web: www.socialsecurity.gov

*Provides forms, instructions and reference info.

Hours: Mon.-Fri., 9 a.m. to 4 p.m.
General Info.: Mon.-Fri., 7 a.m. to 7 p.m.

Provides monthly cash payments to people with limited income and resources who are 65 or older, blind or have a disability.

COUNTY, STATE, AND FEDERAL SERVICES

State Disability Insurance (S.D.I.)

Main and Mailing Address:

17171 E. Gale Ave.
City of Industry, CA 91745
(800) 480-3287
(866) 658-8846 – Spanish
(800) 563-2441 – T.T.Y.

Paid-Family Leave:

(877) 238-4373
(877) 379-3819 – Spanish

Web: www.edd.ca.gov

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Administered by California's Employment Development Department (E.D.D.). State Disability Insurance (S.D.I.) provides affordable, worker-funded benefits to eligible workers suffering a full or partial loss of wages due to disabilities which are not work related. The California Unemployment Insurance Code states that a disability is any illness or injury (physical or mental) that prevents a person from completing regular or customary work. Disability also includes elective surgery and disabilities related to pregnancy of childbirth.

United States Post Office

Whittier Main:

8520 Michigan
Whittier, CA 90602

Bailey Station:

6709 S. Washington Ave.
Whittier, CA 90602

Whittwood Station:

10053 Whittwood Dr., Ste. A
Whittier, CA 90603

(800) 275-8777; a.k.a. (800) ASK-USPS

Web: www.usps.com

Business Hours:

Whittier Main: Mon.-Fri., 8:30 a.m. to 5 p.m.

Bailey: Mon.-Fri., 7:30 a.m. to 5 p.m.

Whittwood: Mon.-Fri., 7:30 a.m. to 5:30 p.m.

Call toll-free number or visit website for more specific postal related information.

USC/Los Angeles Caregiver Resource Center (L.A.C.R.C.)

Administrative Office:

Andrus Gerontology Center
Davis School of Gerontology, USC
3715 McClintock Ave.
Los Angeles, CA 90089
(213) 821-7777
(213) 740-1871 – Fax

San Gabriel Valley Office:

1000 S. Fremont Ave., Unit 72, Ste.10024
Alhambra, CA 91803
(626) 457-4131
(626) 457-4188 – Fax

(800) 540-4442

Web: www.losangelesscrg.org
Email: lacrc@usc.edu

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Non-profit. Administered by the California Department of Mental Health (D.M.H.); a program of the Andrus Gerontology Center at the University of Southern California (U.S.C). Servicing L.A. County. Helps families with the challenges of caring for individuals with brain impairing conditions (i.e. stroke, Alzheimer's, Multiple Sclerosis, etc.) Resource and referrals, support groups, family consultations, short-term counseling, respite for caregivers, legal and financial consultation, training/education for families, and 48 hr. retreats. All services free. Multilingual services available. Donations are both welcome and tax deductible. Call toll-free number to reach administration or your local satellite office.

DAY CARE - ADULT

A Day Away – An Adult Day Health Care Center

15060 E. Imperial Hwy.
La Mirada, CA 90638
(562) 902-5305

Web: www.pih.net

Hours: Mon.-Fri., 7:30 a.m. to 5 p.m.

Fully licensed and certified adult day health care facility. Serves frail elderly persons and/or persons with varying levels of dementia or Alzheimer's disease. Spanish available.

Home Avenue

8114 Telegraph Rd.
Downey, CA 90240
(562) 927-7660

Web: www.homeavenueadhc.com

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Adult Day Health Care is a day program providing a variety of health, therapeutic and social services designed to serve the needs of frail elderly persons as well disabled adults. Spanish available.

Rancho Adult Day Services – Rancho Los Amigos Medical Center

7601 E. Imperial Hwy., Bldg. 802
Downey, CA 90242
(562) 401-7991

Web: www.ranchohosamigos.com
www.rancho.org/adultday.htm

Office Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Service: Mon.-Fri., 9 a.m. to 3 p.m.

Day care center for individuals aged 18 and older including those with Alzheimer's disease. Facility offers nursing care, occupational therapy, physical therapy, social services, speech therapy, nutritious lunches, transportation and psychological services. Spanish available.

Whittier Adult Day Health Care Center

14268 E. Telegraph Rd.
Whittier, CA 90604
(562) 944-6986

Web: www.wadhc.com

Hours: Mon.-Fri., 8 a.m. to 3 p.m.

A program fully licensed by the State Departments of Health and Aging. Dedicated to providing medical and social service support to older adults and disabled individuals. Nursing care, rehabilitation therapies and social services. Family and individual consultation. Transportation. Basic services available pending on individual needs and assessment. Spanish available.

DISABLED SERVICES

Ability First

1300 E. Green St.
Pasadena, CA 91106
(626) 396-1010
(877) 768-4600

Web: www.abilityfirst.org

Hours: Mon-Fri., 8 a.m. to 4 p.m.

Provides recreational therapy services in different locations to children and adolescents with a physical or developmental disability. Sliding scale fee. Call for nearest location. Spanish available.

Access Services

707 Wilshire Blvd., 9th Floor
Los Angeles, CA 90071

Mailing Address:

P.O. Box 71684
Los Angeles, CA 90071

(800) 827-0829 – Applications & Customer Service
(800) 827-1359 – Applications T.D.D.
(800) 883-1295 – Trip Planning
(800) 826-7280 – Trip Planning T.D.D.

Web: www.asila.org
Email: cserv@asila.org

Access Services' primary mission is to provide Americans with Disabilities Act (A.D.A.) mandated paratransit services for disabled individuals who are unable to use public fixed route transportation systems. Access paratransit operates 7 days a week, 24 hours of the day in most areas of L.A. County. Provides a shared ride service that operates curb-to-curb and utilizes a fleet of small buses, mini-vans and taxis. Fares are distance-based and range from \$1.80 to \$2.70 for each one-way trip. Call Applications & Customer Service if not currently an access certified rider OR call Trip Planning if already certified to make a reservation. Spanish available.

Alma Family Services (Servicios Para La Familia)

Corporate Office:

1055 Corporate Center Dr., Ste. 430
Monterey Park, CA 91754
(323) 526-4016

Regional Office:

9140 Whittier Blvd.
Pico Rivera, CA 90660
(562) 801-4626
(562) 801-4630 – Fax

Web: www.alfamilyservices.org

Corporate Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Regional: Mon.-Fri., 8 a.m. to 5 p.m.

Multicultural staff providing wide range of mental health counseling and support to children, adolescents, adults and their families. Developmental disabilities include mental retardation, cerebral palsy, epilepsy and autism. ALMA also provides preschool and after school programs.

Association for Retarded Citizens (A.R.C.) – Southeast Los Angeles

12049 Woodruff Ave.
Downey, CA 90241
(562) 803-4606 – Information
(562) 803-6550 – Fax
(562) 803-3391 – Day Programs Only

Web: www.arcsclac.org

Hours: Mon.-Fri., 8 a.m. to 4:30 p.m.

Program/services for persons with developmental disabilities include pre-school, adult day activity, work training, job placement, independent living training, residential care and transportation services. Limited emergency respite care for adults with developmental disabilities. Call for detailed information. Spanish available.

DISABLED SERVICES

Autism Society of America (A.S.A.)
Greater Long Beach/South Bay/Whittier Chapter:
(562) 943-3335
Web: www.greaterlongbeach-asa.org

National:
(800) 328-8476

Web: www.autism-society.org

**Biola University Speech & Language Clinic –
Dept. of Communication Disorders**
13800 Biola Ave.
La Mirada, CA 90639
(562) 777-4072

Web: www.biola.edu *Link to on site.

A.S.A. is the leading voice and resource of the entire autism community in education, advocacy, services, research and support. Provides information and referrals for services. Call for the nearest chapter.

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Providing therapy to both children and adults with various communication disorders. Serviced by students from Biola University. Sliding fee scale.

Blind Children's Center
4120 Marathon St.
Los Angeles, 90029
(323) 664-2153
(800) 222-3566

Web: www.blindchildrenscenter.org

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Preschool program for children with visual impairments and multi-handicapped blind. Support, education and advocacy. Services are free. Spanish available.

Braille Institute Of America
741 N. Vermont Ave.
Los Angeles, 90029
(323) 663-1111
(800) 272-4553 – Natl. Hotline

Web: www.brailleinstitute.org

Hours: Mon.-Fri. 8:30 a.m. to 5 p.m.

Various services for blind. Library service, with books and equipment for reading. Rehabilitation services, sighted guide techniques, education and transportation. Locations in Orange County, Rancho Mirage, San Diego and Santa Barbara. Spanish available.

**California State University, Los Angeles (C.S.U.L.A.)
The Robert L. Douglas Speech & Language Clinic**
5151 State University Dr.
Los Angeles, CA 90032
*Located in the King Hall on the inner campus of CSULA.
Parking Lot 8 on Circle Drive.
(323) 343-4690

Web: www.calstatela.edu

Hours: Mon.-Thur., 9 a.m. to 6:30 p.m.
Fri., 9 a.m. to 3 p.m.

A full range of diagnostic therapeutic services in a college environment. Clients include adults, preschoolers and school-age children with a variety of communication and hearing disorders. Sliding fee scale and private health insurance may cover part of the cost.

California Telephone Access Program (C.T.A.P.)
CTAP Regional Service Center
2677 N. Main St., Ste. 130
Santa Ana, CA 92705
(800) 806-1191
(800) 949-5650 – Spanish
(800) 806-4474 – T.T.Y.

Web: www.ddtp.org

Center Hours: Mon.-Fri., 9 a.m. to 6 p.m.
Sat., 9 a.m. to 5 p.m.

A free State telephone program for people who have difficulty hearing, seeing, moving and/or speaking. No cost, obligation or income requirement. Specialized phones provided free who have existing residential phone service. An application must be complete with a doctor's signature. See website for different types of telephones.

DISABLED SERVICES

**C.H.A.R.O. (Community & Human Resources, Inc.) –
Child Development Center**

5777 Lockheed Ave.
Whittier, CA 90606
(562) 699-3976
(562) 699-8291 – Fax

Web: www.charocorp.com

Hours: Mon.-Fri., 6:30 a.m. to 6 p.m.

State-funded program providing quality childcare at low or no cost to families. To qualify for enrollment, parents must be either working, seeking employment or in vocational training. No geographical restrictions. Children must be between 2 to 5 years of age. Spanish available.

Children's Home Society of California

1300 W. 4th St.
Los Angeles, CA 90017
(213) 240-5900

Web: www.chs-ca.org

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Offers specialized foster care programs for developmentally disabled or emotionally disturbed children. Childcare, development services, community education, advocacy and resources available. Spanish available.

**C.H.O.I.C.E.S. (Community Housing Options: Integrated
Community, Employment & Social Services)**

135 E. Live Oak, Ste. 104
Arcadia, CA 91006
(626) 447-5477
(626) 447-5855 – Fax

Hours: Mon.-Fri., 8:30 a.m. to 4:30 p.m.

Dedicated to improving the ability of persons with developmental disabilities to live in their own homes, hold profitable jobs, develop social skills and participate in community activities. Services may range from extensive assistance to intermittent weekly or monthly visits by staff. Spanish available.

**City of Whittier Community Services Therapeutic
Recreation Program**

13225 Walnut Street
Whittier, CA 90602
(562) 464-3365

Office Hours: Mon.-Fri., 8:30 a.m. to 5:00 p.m.

Various recreational and leisure skill activities for persons who are developmentally, physically and/or learning disabled. Twelve years and older unless otherwise specified.

Community Advocates for People's Choice (C.A.P.C., Inc.)

7200 Greenleaf Ave., Ste. 170
Whittier, CA 90602-1363
(562) 693-8826

Web: www.capcinc.org

Hours: Mon.-Fri., 7:30 a.m. to 5:00 p.m.

Comprehensive services for adults with disabilities in the greater Whittier area. Individualized instructional and support services are based on each person's desired lifestyle. Supported employment, supported living and community training offered.

Department of Rehabilitation (D.O.R.) – State of California

12501 E. Imperial Hwy., Ste.140
Norwalk, CA 90650
(562) 864-8521

Web: www.dor.ca.gov

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Serves disabled population by providing assessment of medical limitations, vocational assessment and training, books, supplies, tools and prosthesis as well as job development and placement services.

DISABLED SERVICES

Dial-A-Ride – Los Angeles County (800) 439-0439

Hours: Mon. – Fri., 7 a.m. to 5:30 p.m.

Provides door-to-door transportation for seniors and disabled persons living in unincorporated areas of Whittier. Will transport to neighboring areas of L.A. County. Call for fees.

Dial-A-Ride – City of Whittier

7333 Greenleaf Ave.

Whittier, CA 90602

(562) 698-2131 – Administrative Office

(562) 694-5909 – Dispatch

*Dial-A-Ride is located at the Whittier Transportation Center.

Office Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Dial-A-Ride Service:

Mon.-Fri., 7 a.m. to 9 p.m.

Sat. & Sun., 8 a.m. to 9 p.m.

Holidays, 8 a.m. to 4 p.m.

Provides curb-to-curb transportation services within the City limits along with new taxi voucher program to specific location outside of the City. Vehicles with wheelchair lift available. City of Whittier residents 60 or more years and the disabled are eligible for services. Obtain application by calling the City Transit office, or Whittier Senior Center and Parnell Park. For a ride, call Dial-A-Ride dispatch in advance or when pick up is needed. Advance reservations are encouraged. Dial-A-Ride cards must be purchased in advance. Cards can be purchased by mail through the Whittier Transportation Center or in person at the Whittier Senior Center and Parnell Park.

East Los Angeles Regional Center for the Developmentally Disabled

13215 Penn St., Ste. 410

Whittier, CA 90602

(562) 698-0146

(562) 693-0158 – Fax

(626) 299-4700 – After hrs./Emergency Only

*Request to speak to on-call supervisor.

Web: www.elarc.org

Email: info@elarc.org

Hours: Mon.-Thur., 7:30 a.m. to 4:30 p.m.

Fri., 7:30 a.m. to 4 p.m.

Provides diagnosis, evaluation, information and referral, case management, advocacy and community education. Services for developmentally disabled persons. Infant-adult (as long as disabled before the age of 18 years old). Spanish and Chinese available.

East Whittier City School District

14535 E. Whittier Blvd.

Whittier, CA 90605

(562) 907-5900

Web: www.ewcsd.k12.ca.us

Hours: Mon.-Fri., 8 a.m. to 4:30 p.m.

Offer S.H. (severely handicapped) and L.H. (learning handicapped) classes, resource programs, occupational/physical therapy, speech and language instruction, and adaptive physical education. Spanish available.

DISABLED SERVICES

Easter Seals

15334 Whittier Blvd., Ste. 3
Whittier, CA 90602
(562) 902-2688
(562) 902-5703 – Fax
(800) 998-8229 – Toll-free
(312) 726-4258 – T.T.Y.

Web: www.easterseals.com

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Alternative to group homes and institutional settings. Adult day programs and supported living. Integrate developmentally disabled adults by providing training for them to use public transportation, make purchases independently, access resources such as libraries and parks and participate in the local community. Supported living program offers at-home and community-based services so that disabled individuals may live by themselves. Program varies by the participant's need from intensive support to minimal visits from staff. Also provides 24-hr., on-call emergency response.

Exceptional Children's Foundation (E.C.F.) – Production & Rehabilitation Services

Corporate Office:
8740 Washington Blvd.
Culver City, CA 90232
(310) 204-3300

Production & Rehabilitation Workshop:

8707 Sorensen Ave.
Santa Fe Springs, CA 90670
(562) 945-1064

Web: www.ecf.net

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Provides paid assembly and packaging work training to adults aged 18 and older who have developmental disabilities. Functional limitations apply to the following areas: work skills, habits, behaviors, interpersonal communications and self-advocacy skills. Goal of workshop is to assist individuals in maximizing their independent vocational functioning for successful transition in the community. Spanish available.

Fragile X Association of Southern California

P.O. Box 6924
Burbank, CA 91510-6924
(818) 754-4227 – 24 hr.

Web: www.fraxsocal.org

The Fragile X Association of Southern California is non-profit organization that provides support & information to families and others affected by fragile X syndrome. Spanish available.

Help for Brain Injured Children (H.B.I.C.) – The Cleta Harder Developmental School

981 N. Euclid St.
La Habra, CA 90631
(562) 694-5655
(562) 694-5657 – Fax

Web: www.hbic.org

Hours: Mon.- Fri. 8 a.m. to 4 p.m.

Accepts students 3 to 21 years old with learning and/or physical disabilities. Educational and therapeutic center specifically designed for those who need a small controlled environment in order to move to a higher level of functioning. Complete academic and rehabilitation program is offered. After school program for children experiencing difficulties in regular school. Also serves children and adults with varying neurological difficulties. Spanish available.

DISABLED SERVICES

International Dyslexia Association

4379 Tujunga Ave.
Studio City, CA 91604
(818) 506-8866

Web: www.interdys.org
Email: dyslexiaLA@sbcglobal.net

Hours: Mon. & Thur., 10 a.m. to 2 p.m.

Dyslexia and related learning disorders. Support groups for parents, adults and teens. Information and referrals. Spanish available.

John Tracy Clinic

806 W. Adams Blvd.
Los Angeles, CA 90007
(213) 748-5481
(800) 522-4582 – Toll-free
(213) 747-2924 – T.T.Y.

Web: www.jtc.org

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Free services for children with hearing loss (birth to 5 yrs.); audio logical testing; correspondence course for parents; parent-infant services; auditory-oral preschool program; parent support groups; parent class program. Spanish available.

Los Angeles County Office of Education (L.A.C.O.E.)

Head Start State Preschool
10100 Pioneer Blvd., Ste. 325
Santa Fe Springs, CA 90670
(562) 940-1770

Web: www.lacoe.edu

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Funds community organizations and governmental entities to provide full and half day head start services for children and their families, including children with handicaps. Services to families include child abuse prevention, job training and referral and parent education and development.

Los Angeles Dept. on Disability

333 S. Spring St. Ste. D-2
Los Angeles, CA 90013
(213) 485-6334
(213) 485-6655 – T.D.D.

Web: www.lacity.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Provides information and referral for advocacy, ombudsmen services and technical assistance to the disabled population. Offers job training and job development. Walk-in or call. Serves Los Angeles City. Spanish available.

Los Angeles Regional Ctr. for the Developmentally Disabled

1000 S. Fremont Ave.
Main Office Bldg., A-3
Alhambra, CA 91802
(626) 299-4700
(626) 281-1163 – Fax
(626) 299-4831 – Spanish

*See East Los Angeles Center for Whittier office.

Hours: Mon.-Thur., 7:30 a.m. to 5 p.m.
Fri., 7:30 a.m. to 4 p.m.

Provides diagnosis and coordination of resources such as education, health, welfare, rehabilitation and recreation for persons who are developmentally disabled. Spanish is available.

Lumetra

(800) 841-1602
(800) 881-5980 – T.D.D.

Web: www.lumetra.com

*Both phone numbers are 24 hr.

Medicare health information and assistance. Appeals for discharge. Referrals and resources. Spanish available.

DISABLED SERVICES

O.P.T.I.O.N.S. / Childcare & Human Services – Resource & Referral

100 N. Citrus St., Ste. 300
West Covina, 91791
(626) 967-7848 – Administration
(626) 858-0527 – Child Development Centers (Ages 3 to 4)
(626) 854-3449 – Half-Day Preschool (Ages 3 to 4)
(626) 459-4299 – Head Start (Ages 3 to 4)
(626) 284-9935 – Surround Care (Ages 5 to 11)

Web: www.optionscc.com

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Various childcare services including resource and referral, child counseling, along with teen, family and parenting classes. Please call for both daycare guidelines and class enrollment. Programs aim to provide a safe learning environment for families who cannot afford daycare. Also offers daycare for individuals who not meet guidelines. Funding: State, Federal, United Way, non-profit. Serves: San Gabriel Valley, Whittier and La Mirada. Spanish and Chinese available.

Oralingua School for the Hearing Impaired

7056 S. Washington Ave.
Whittier, CA 90602
(562) 945-8391
(562) 945-0361 – Fax

Web: www.oringua.org

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Infants and children up to 10 years old. Day school offering comprehensive elementary education for hearing impaired children. Emphasis is placed upon the acquisition of language and speech skills. Students' goals are mainstreaming in the public system. Must request for Spanish.

Pacific Clinics

11721 Telegraph Rd., Bldg. A
Santa Fe Springs, CA 90670
(562) 949-8455
(877) 722-2737 – Intake Line *Call for appt.
(562) 942-8256 – Children's services

Web: www.pacificclinics.org

Hours: Mon. & Fri., 8 a.m. to 5 p.m.

Tues., 8 a.m. to 8 p.m.

Wed. & Thur., 8 a.m. to 7 p.m.

Intake Line: Mon.-Fri., 8 a.m. to 5 p.m.

Day treatment for chronic or acutely mentally ill persons. Referrals for all types of counseling and mental health issues. Can assist in voluntary hospitalization if patient has Medical or Medicare. No PET team. Services also include individual and group therapy, medication and case management. Areas served are Whittier, Santa Fe Springs, La Mirada, Pico Rivera, La Habra Heights, Downey and Bell Gardens. Multilingual services available. No walk-ins.

Penn Rehabilitation Services

12360 Penn St.
Whittier, CA 90602
(562) 945-1401

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Serves adult individuals with developmental disabilities. Program admission open to individuals 18 years or older who can provide self-care in mobility, feeding and toileting needs. Offers work services, academics and social and recreational opportunities.

DISABLED SERVICES

Rancho Los Amigos National Rehabilitation Center

7601 E. Imperial Hwy.
Downey, CA 90242
(562) 401-7111
(562) 401-8450 – T.T.Y.

Web: www.rancholosamigos.com

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Care for persons with physical disabilities. Inpatient and outpatient services with a medical and dental clinic. Services include: traumatic brain injuries, pediatrics, neurology, diabetes, driver training, wheelchair sports, vocational assistance, arthritis, adult day care and more. Spanish available.

Self Help & Recovery Exchange (S.H.A.R.E.)

5521 Grosvenor Blvd.
Los Angeles, CA 90066
(310) 305-8878
(310) 305-2671 – Fax

Web: www.shareselfhelp.org

Hours: Sun.-Fri., 9 a.m. to 10 p.m.
Sat., 9 a.m. to 3:30 p.m.

Provide information/referrals about several self-help groups. Run housing program for people with mental and physical disabilities. Call for specific information.

Social Security Administration – Social Security & Supplemental Security Income (S.S.I.)

7200 S. Greenleaf Ave. Ste. 200
Whittier, CA 90602
(562) 789-5728
(800) 772-1213 – General Information

Web: www.socialsecurity.gov

*Provides forms, instructions and reference info.

Hours: Mon.-Fri., 9 a.m. to 4 p.m.
General Info.: Mon.-Fri. 7 a.m. to 7 p.m.

Provides monthly cash payments to people with limited income and resources who are 65 or older, blind or have a disability.

Southern California Rehabilitation Services (S.C.R.S.)

7830 Quill Dr., Ste. D
Downey, CA 90242
(562) 862-6531

Web: www.scrs-ilc.org

Hours: Mon.-Fri., 8:30 a.m. to 4:30 p.m.

Provides a wide range of services including: advocacy, referrals, counseling, classes, employment assistance, housing referrals and benefits counseling. Appointment needed. Spanish available.

State Disability Insurance (S.D.I.)

Main and Mailing Address:

17171 E. Gale Ave.
City of Industry, CA 91745
(800) 480-3287
(866) 658-8846 – Spanish
(800) 563-2441 – T.T.Y.

Paid-Family Leave:

(877) 238-4373
(877) 379-3819 – Spanish

Web: www.edd.ca.gov

Hours: Mon – Fri., 8 a.m. to 5 p.m.

Administered by California's Employment Development Department (E.D.D.). State Disability Insurance (S.D.I.) provides affordable, worker-funded benefits to eligible workers suffering a full or partial loss of wages due to disabilities which are not work related. Disability also includes elective surgery and disabilities related to pregnancy or childbirth.

STRIDE Program – Whittier Y.M.C.A.

12510 Hadley St.
Whittier, CA 90601
(562) 945-5304
(562) 907-6545, Ext. 252
(562) 693-1406 – Fax

Web: www.ymcawhittier.org

Hours: Mon.-Fri., 8:30 a.m. to 2:30 p.m.

Community integration program aimed at mentally disabled adults aged 21 and older. Ongoing education in math and literacy along with training in personal hygiene and independent living skills. Recreational activities and social development.

DISABLED SERVICES

U.C.L.A. Neuropsychiatric & Behavioral Health Services

300 UCLA Medical Plaza
Los Angeles, CA 90024
(310) 825-9989
(800) 825-9989 – Info.

Web: www.npi.ucla.edu/npbhs/

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Treatment of neuropsychiatry and behavioral disorders. Clinical programs provide comprehensive care for all ages. From outpatient care to partial hospital or day hospital to inpatient programs including psychiatric intensive care. Clinical Programs include: Adult Psychiatry, Child and Adolescent Psychiatry and Geriatric Psychiatry. Spanish available upon request.

Whittier Area Cooperative Special Education Program (W.A.C.S.E.P.)

8036 Ocean View Ave.
Whittier, CA 90602
(562) 945-6431

Web: www.wacsep.com

Hours: Mon.-Fri., 8 a.m. to 4:30 p.m.

Consortium of public school districts providing educational services such as speech and language, adapted physical education and more, for individuals with exceptional needs. Serves clients up to 21 years of age having disabilities preventing educational growth as defined by the California Education Code and as determined by a diagnostic staff and parents. Areas served include East Whittier, El Rancho, Little Lake, Los Nietos, South Whittier, Whittier City and Whittier Union High School Districts. Spanish available.

Whittier Area Parents Assn. for the Developmentally Handicapped (W.A.P.A.D.H.)

9300 Santa Fe Springs Rd.
Santa Fe Springs, CA 90670
(562) 946-0467

Web: www.wapadh.org

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Services and education for adults who are developmentally disabled. Programs include: Adult Community Opportunities, Project Homelife, Respite Care Network and Delta Services. Call for specific information.

Whittier City School District

7211 S. Whittier Ave.
Whittier, CA 90602
(562) 789-3000

Web: www.whittiercity.k12.ca.us

Hours: Mon.-Fri., 7:30 a.m. to 4:30 p.m.

Grades: K-8. Mission is to provide a safe, caring and nurturing environment that ensures high student achievement in all subject areas, with special focus on literacy, mathematics and the use of technology. Variety of after-school programs. Contact individual schools for more information.

Whittier Union High School District

9401 S. Painter Ave.
Whittier, CA 90605
(562) 698-8121

Web: www.wuhsd.k12.ca.us

Hours: Mon.- Fri., 7:30 a.m. to 4:30 p.m.

Grades: 9-12. Providing a transitional, community-based program for students with special needs. Participants must be 18 to 22 years of age and must have left high school without a diploma.

DRUG/ALCOHOL/TOBACCO TREATMENT PROGRAMS

Aegis Medical Systems

14240 E. Imperial Hwy.
La Mirada, CA 90638
(562) 946-1587
(818) 593-5300 – Emergency

Web : www.aegismed.com

Hours: Mon.-Fri., 5 a.m. to 1:30 p.m.
Sat.-Sun., 6:30 to 8:30 a.m.

Narcotic treatment clinic for heroin and other drug dependencies on an outpatient basis. Methadone detoxifications are available as well as medical care and general counseling.

Al-Anon Family Group Office of So. California, Inc.

Central Office for L.A. County
4936 Lankershim Blvd.
North Hollywood, CA 91601
(818) 760-7122
(888) 684-6444 – Meeting Information Only
(562) 948-2190 – Spanish

Web: www.al-anon.alateen.org
www.alanonla.org
Email: centraloffice@alanonla.org

*The program is not designed to help teenagers with a drinking problem but is welcome in Alcoholics Anonymous.

Hours: Mon.-Fri., 9 a.m. to 5 p.m.
Spanish: Mon.-Fri., 10 a.m. to 3 p.m.

Al-Anon holds group discussion meetings similar to those of Alcoholics Anonymous in local areas for the families of people with a drinking problem. Meetings are open to anyone whose life is or has been affected deeply by someone else's drinking problem. *Alateen is a program for young people under the age of 20 who's life has been affected by alcohol. Provides information on where area meetings are held. Frequent changes in meetings require a call to central office in North Hollywood. Al-Anon does not hold meetings at this office. This is a referral service for local meetings and distribution point of Al-Anon literature. After hours answering machine gives out phone numbers of members who can be called for meeting locations.

Alcohol & Drug Council – High Gain Project

1424 4th St., Ste. 205
Santa Monica, CA 90401
(310) 451-5881

Web: www.adcwa.com

Hours: Mon.-Thurs., 8:30 a.m. to 7:30 p.m.
Fri., 8:30 a.m. to 3:30 p.m.
Sat., 8:30 a.m. to Noon

Information and referral on substance abuse issues. DUI programs and outpatient counseling. No Spanish available.

Aurora Charter Oak Hospital Behavioral Health Care

1161 E. Covina Blvd.
Covina, CA 91724
(626) 966-1632
(800) 654-2673

Web: www.aurorabehavioral.com/charteroak/

*Both phone numbers are 24 hr.

Crisis intervention, inpatient psychiatric and substance abuse care for adults, adolescents and children. Free assessment and referrals. After care services free for up to one year beyond discharge. Specialized family groups. Serves all of L.A. and Orange Counties. Spanish available.

Betty Ford Center

Main Campus
3900 Bob Hope Dr.
Rancho Mirage, CA 92270
(760) 773-4100
(800) 434-7365 – Admission only
Ext. 4333 – Children's Programs
Ext. 4114 – Family Programs

Web: www.bettyfordcenter.com

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Chemical dependency recovery hospital, inpatient and outpatient therapy, family and after care services. 90-day treatments and interventions available. Children's programs from ages 6 through 12 years. Family member programs from ages 13 and up. Free assessments. Call or visit website for further details.

DRUG/ALCOHOL/TOBACCO TREATMENT PROGRAMS

Catholic Rainbow Outreach (C.R.O.)

11419 Carmenita Rd.
Whittier, CA 90605
(562) 944-2283

Web: www.catholicrainbowoutreach.com

Food Hours: Mon.-Sat., 11:30 a.m. to 1 p.m.
& 3 to 4 p.m.

Residential, 24-hr. live-in Christian home for men 18 years and older with drug or alcohol problems; men being released from prison; or as an alternative to such a situation. Outside counseling, AA meetings, computer training classes and vocational rehabilitation for jobs and school grants. Provides a long-term facility with a minimum commitment of nine months to a year. No smoking, drinking or drugs at any time. Will accept Court or parole/probation referrals. Prefer no medical problems or anyone on medication. Youth programs are available. Will visit youth in detention and counsel them. Food distribution program is available to the general public six days out of the week. First come, first serve. Spanish available.

City of Angels Medical Center

Downtown Campus:

1711 W. Temple St.
Los Angeles, CA 90026
(213) 989-6100

Ingleside Campus:

7500 E. Hellman Ave.
Rosemead, CA 91770
(626) 288-1160

(888) 819-9888 – Intake Only

Web: www.cofamc.org

*All phone numbers are 24 hr.

Both facilities offer inpatient, day treatment and outpatient services for adults ages 18 and older. Free referral services, 24-hr. mobile crisis intervention. Programs for individuals seeking psychiatric care and treatment. Stress and anger management, support groups, physical rehabilitation and 24-hr. Urgent Care Center. Specialty programs including weight loss and spinal surgery. Spanish available.

College Hospital – Cerritos

10802 College Place
Cerritos, CA 90703
(562) 924-9581
(800) 352-3301 – Help Line

Web: www.collegehospitals.com

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Offers inpatient medical detox and treatment for adult and adolescent substance abusers and their families. Many treatment option plans available. Programs and services include Geriatric, Pediatric, Adolescent, Partial Hospitalization and the Latino Programs. Low cost options and after care available.

Del Almo Hospital

23700 Camino Del Sol
Torrance, CA 90504
(310) 530-1151
(800) 533-5266 – 24 hr.

Web: www.delamotreatment.com

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Inpatient and outpatient. Alcohol and drug detox, co-dependency, survivors of sexual abuse and sexual dependency, dissociate disorders and eating disorders. Free services: assessments, aftercare, referrals and various 12-step meetings. Will negotiate portions not covered by insurance. Accepts Medicare and Medical. Spanish available.

DRUG/ALCOHOL/TOBACCO TREATMENT PROGRAMS

Foley House
10511 Mills Ave.
Whittier, 90604
(562) 944-7953 – 24 hr.

Hours: Mon.-Fri., 8 a.m. to 5 p.m.
*Intake only.

For women, aged 18 and older, with or without children. Primary 12-step alcohol program. Residential facility and transitional living center for domestic violence victims. Sliding fee scale. Spanish available.

H.O.W. House
(Honesty, Open-mindedness, Willingness)
14100 ½ Glengyle Street
Whittier, CA 90604
(562) 777-1222
(562) 906-1222 – Fax

Web: www.howhouse.org

Hours: Mon.-Fri., 10 a.m. to 4 p.m.
Sat.-Sun., 8 a.m. to Noon

For men, aged 18 and older. A low cost and sober living environment for individuals with a chemical addiction. Services include lodging, recovery planning, recreational activities, weekly group meetings, monthly education sessions on recovery and/or the addiction process, and referrals to other services. Monthly fee for residents.

Intercommunity Child Guidance Center
10155 Colima Road
Whittier, CA 90603
(562) 692-0383
(562) 692-0380 – Fax

Early School Success Program:
2112 W. Whittier Blvd.
Montebello, CA 90640

Web: www.intercommunity.org
Email: info@intercommunity.org

Hours: Mon.-Thur., 8 a.m. to 7 p.m.
Fri., 8 a.m. to 5 p.m.

Counseling and psychotherapeutic services for children, ages 2 to 18 years and their families. Psychometric testing, mediation evaluation and monitoring, crisis intervention and parent education. Teen in recovery dual diagnosis programs. Day Treatment, foster care assessment, early intervention school based counseling. No HMO's or sliding fee scale. Spanish available.

Kaiser Permanente Chemical Dependency Center
23621 S. Main St.
Carson, CA 90745
(310) 513-6707

Hours: Mon.-Thur., 8 a.m. to 9 p.m.
Fri., 8 a.m. to 8 p.m.

Treatment for adolescents, adults and seniors. Provides outpatient (but not inpatient) detox, day treatment, education series, individual/group counseling, services for friends and relatives, parents of alcoholics/addicts and addict women. Kaiser members only. Spanish available.

DRUG/ALCOHOL/TOBACCO TREATMENT PROGRAMS

Los Angeles Center for Alcohol & Drug Abuse (L.A.C.A.D.A.)

Community Services Dept.:
P.O. Box 3205
11015 Bloomfield Ave.
Santa Fe Springs, CA 90670
(562) 906-2676
(562) 906-2671 – Fax

Family Foundation Program:
(877) 946-7675

Allen House:
(562) 906-2685

Web: www.lacada.com

Business Hours:

Services Dept.: Mon.-Fri., 8:30 a.m. to 5 p.m.
Family Program: Mon.-Fri., 8 a.m. to 4 p.m.
Allen House: Mon.-Fri., 9 a.m. to 5 p.m.

Outpatient Treatment Services – Substance abuse treatment, education for adults (including parents) and adolescents, support programs regarding child abuse, domestic violence, anger management, etc.

HIV / AIDS – General prevention and education, referrals for HIV treatment and clients seeking care.

Family Foundation Program – One year alternative sentencing for pregnant or parenting female drug offenders. Comprehensive services for women and their children. Call for eligibility and restrictions.

Allen House Residential Services – Long-term alcohol and drug treatment program with transitional housing, behavior modification and counseling.

Positive Steps HIV/AIDS Services

Corporate Office:
11500 Paramount Blvd.
Downey, CA 90241
(562) 923-4545

Residential Facilities:
11501 Dolan St.
Downey, CA 90241
(562) 923-7894

***24 hrs. a day, 7 days a wk.**

Alcohol and drug abuse treatment for women with children, men, gays and lesbians. Provide counseling, education, meals, social services and transportation. Alternative sentencing for female/male drug offenders. Special programs for co-occurring mental and substance abuse disorders. Residential beds for clients with children. Accepts self payment, Medicaid, Medicare and private health insurance. Works in affiliation with S.C.A.D.P. (subsequent listing). Spanish available.

Southern California Alcohol & Drug Programs, Inc. (S.C.A.D.P.)

11500 Paramount Blvd.
Downey, CA 90241
(562) 923-4545
(562) 862-0918 – Fax

Web: www.scadpinc.org

Hours: Mon.-Fri., 8 a.m. to 8 p.m.

Services to prevent and treat substance abuse and related problems. Includes: homelessness, mental health disorders, HIV/AIDS (see above), domestic violence, criminality, welfare dependence, pregnant or parenting women and their children, along with deaf and hard of hearing persons. Inpatient and outpatient services, counseling and support. Works in affiliation with Positive Steps (previous listing). Spanish available.

DRUG/ALCOHOL/TOBACCO TREATMENT PROGRAMS

S.P.I.R.I.T.T. Family Services

Administration Office:

13135 Barton Road
Santa Fe Springs, CA 90605
(562) 903-7000

Whittier Office:

9401 S. Painter Ave., Bldg. E
Whittier, CA 90605
(562) 698-9436

Web: www.spiritt.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Programs and services including group and individual counseling, education, prevention, intervention, treatment of alcohol and drug abuse, as well as treatment of child abuse and domestic violence. Classes offered in Family Communication Skills, Parenting, and Anger Management as well as After School Programs for at risk youth aged 5 to 18. Centers located in Whittier, Santa Fe Springs, La Puente, El Monte and Glendora. Spanish available.

Assistance League of Whittier

P.O. Box 386
Whittier, CA 90608
(562) 693-6533

Web: whittier.assistanceleague.org

Hours: Mon.-Fri., 8 a.m. to Noon

Operation School Bell – Provides clothing for elementary schoolchildren in need.

Bookmobile Program – Works with libraries to provide books for homebound people.

Kids on the Block Program – Uses puppets to educate children about cultural differences, social problems, disability issues and acceptance of self and others.

Dental Care “To Tell the Tooth” – A tooth care puppet show.

Continuing Education Scholarship Program: Scholarships for higher education.

Operation Summer Reading Club – Incentives and rewards for reading, administered through the library.

*Call for more programs and volunteer work.

Broadoaks Children's School Of Whittier College

13514 Olive Dr.
P.O. Box 634
Whittier, CA 90608
(562) 907-4250
(562) 907-4960 – Fax

Web: web.whittier.edu/broadoaks/index.htm

Hours: Mon.-Fri., 7:15 a.m. to 5:30 p.m.

Ages: 2 ½ through 8th grade. (Preschool / K-6 school year / K-8 summer.) Tuition-based. Waiting list for preschool. Summer Science and Digital World Academies, grades 1-8. Serves Whittier and surrounding areas. Call for information regarding upcoming expansion of services and grade levels.

East Whittier City School District

14535 E. Whittier Blvd.
Whittier, CA 90605
(562) 907-5900

Web: www.ewcsd.k12.ca.us

Hours: Mon.-Fri., 8 a.m. to 4:30 p.m.

Grades: K-8. Offers free breakfast and lunch programs. Some schools have before and after school programs through WYN Club or Y.M.C.A. Contact individual schools for more information.

Rio Hondo College – Community Services Classes

3600 Workman Road, Bldg. HS 9, Lot 3
Whittier, CA 90601
(562) 463-4606

Web: www.riohondo.edu

*Click on Community Services Classes.

Hours: Mon.- Fri., 8 a.m. to 4 p.m.

Offer a variety of workshops, classes, excursions and events throughout the year. All courses are low cost, fee-based and not-for-credit. Some classes are held at different locations within the community.

S.A.S.S.F.A. (Southeast Area Social Services Funding Authority) – Youth Center

10400 Pioneer Blvd., Unit 9
Santa Fe Springs, CA 90670
(562) 946-2237, Ext. 4
(562) 906-5807 – T.T.Y.

Web: www.pfpworksource.org
www.sassfa.org

Hours: Mon.-Thur., 7 a.m. to 6 p.m.

*Closed Fridays.

Non-profit. Offers leadership development, peer counseling, GED preparation, tutoring and job/business assistance. Services are free but donations greatly appreciated. Covering residents of La Habra Heights, La Mirada, Pico Rivera, Santa Fe Springs, along with incorporated and unincorporated Whittier.

Tri-Cities – Regional Occupational Program (R.O.P.)

12519 E. Washington Blvd.
Whittier, CA 90602
(562) 698-9571

Web: www.tcrop.k12.ca.us

Hours: Mon., 8 a.m. to 5 p.m.
Tues.-Thur., 8 a.m. to 9 p.m.
Fri., 8 a.m. to 4 p.m.

Ages: 16 years and up. Provides students with quality career and technical education training. Community internships in local business and industry sites offered. Classes on computers, notary public, nursing, public service, child development and health science. Call career center for programs.

Whittier Adult School – Sierra Education Center

9401 S. Painter Ave.
Whittier, CA 90605
(562) 698-8121 ext. 1300

Hours: Mon.- Fri., 7:30 a.m. to 4:30 p.m.

Whittier Union High School District Adult classes are open to all persons 18 years of age who are not concurrently attending a day public school. Also available to recommended high school students.

Whittier Area Literacy Council, Inc.

12911 E. Hadley Street
Whittier, CA 90601
(562) 698-6598

Web: www.walcread.org

Hours: Mon.- Fri., 9 a.m. to 6 p.m.

Ages: 4th grade and up. Non-profit. Provides free literacy and ESL tutoring for adults and children in need of improvement. Also trained volunteer tutors to provide these services.

Whittier City School District

7211 S. Whittier Ave.
Whittier, CA 90602
(562) 789-3000

Web: www.whittiercity.k12.ca.us

Hours: Mon.-Fri., 7:30 a.m. to 4:30 p.m.

Grades: K-8. Mission is to provide a safe, caring and nurturing environment that ensures high student achievement in all subject areas, with special focus on literacy, mathematics and the use of technology. Variety of after school programs. Contact individual schools for more information.

Whittier Union High School District

9401 S. Painter Ave.
Whittier, CA 90602
(562) 698-8121

Web: www.wuhisd.k12.ca.us

Hours: Mon.- Fri., 7:30 a.m. to 4:30 p.m.

Grades: 9-12. Also provides a transitional community-based program for students with special needs. Participants must be 18 to 22 years of age and must have left high school without a diploma.

EMERGENCY SERVICES

211 Los Angeles County

P. O. Box 726
San Gabriel, CA 91778
211 – (Just dial 2-1-1 on phone.)
(800) 339-6993
(800) 660-4026 – T.T.Y.

Call 911 for emergencies.

Web: www.infoline-la.org

***24 hrs. a day, 7 days a wk.**

Provides information and referral to human services agencies in L.A. and Orange counties. Includes but not limited to emergency services such as food, shelter, financial aid, medical assistance, protective services, legal assistance, child care, support groups, mental health and crisis intervention. Free and confidential. Multilingual.

American Red Cross – Rio Hondo Chapter

6706 S. Friends Ave.
Whittier, CA 90601
(562) 945-3944
(800) 733-2767
(800) 257-7575 – Spanish
(800) GIVE-LIFE – Blood Donations

Web: www.arcriohondo.org
www.redcross.org

Hours: Mon.-Thur., 8:30 a.m. to 5 p.m.
Fri., 8:30 a.m. to 4:30 p.m.

Disaster preparedness and relief services to military servicemen, families and veterans. Provides first aid, CPR, vital signs, water safety and earthquake preparedness training. Blood donations at the facility and through bloodmobiles. Helps find shelter, emergency food, water and other disaster relief.

Angels Flight Homeless & Runaway Youth Services

(800) 833-2499 – 24 hr. Hotline

Must be between the ages of 10 to 17 years old. A call to parents is required before staying. Ask for details.

First Family Church

8434 S. Greenleaf Ave.
Whittier, CA 90602
(562) 698-6737

www.firstfamilychurch.net

Hours: Mon., 9 a.m. to 1 p.m.
Tues.-Fri., 8:30 a.m. to 5 p.m.
Food Service: Sat., 9 a.m. to Noon
Sun., Noon to 1 p.m.

Food, clothing, transportation for church, activities for children of all ages and a gym.

Interfaith Food Center

14545 Leffingwell Rd
Whittier, CA 90604
(562) 903-1478

Web: www.ifc.helpingu.org

Office Hours: Mon., Tues. Thur., & Fri.,
8 to 11:45 a.m.
Wed., 8 to 10:30 a.m.

Homeless Lunch: Mon., Tues. Thur., & Fri.,
8 to 11:45 a.m.

While supplies last. Receive a daily sack lunch along with toiletries such as soap, shampoo, deodorants, toothpaste and toothbrushes. Donations welcomed.

Food Distribution: Mon., Thur., & Fri.,
9 to 10 a.m.
& 10:30 a.m. to Noon
Tues., 5 to 7 p.m.

Qualified clients only. Required to provide photo ID, proof of income, proof of number of household members and proof of address. Weekly food boxes of canned goods, packaged food, dairy products, bread, fruit and vegetables and federal commodities. Spanish available.

EMERGENCY SERVICES

La Habra Community Resources Care Center

350 Hilcrest St.
La Habra, CA 90631
(562) 697-1199

Hours: Mon.-Fri., 1 to 5 p.m.

Food, clothing, rental assistance, prescription assistance, gas vouchers, bus tokens and utility assistance. Referrals to medical, dental, legal and mental health services. Emergency lodging if referred by Police Department. Call first for available funds. Priority to residents of City of La Habra and Orange Counties. Spanish and French available.

Los Angeles County Dept. of Public Social Services (D.P.S.S.)

12727 Norwalk Blvd.
Norwalk, CA 90650
(562) 807-7840
(562) 807-7860 – Info.
(866) 613-3777 – Customer Service
*Most helpful; features self-service option.
(310) 761-2041 – General Relief
(800) 660-4026 – T.D.D.

Web: dpss.lacounty.gov

Dept. Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Info.: Mon.-Fri., 9 to 11 a.m. & 1 to 3 p.m.

Financial assistance (A.F.D.C.), CalWORKS, food stamps and Medical for those meeting program eligibility requirements. D.P.S.S. General Relief is financial/medical aid for single persons only. Cash aid for “immediate needs” when someone applies or before he/she is approved. Applicant must detail all of his/her needs, including money for diapers, medicine, transportation or a utility shutoff notice. If being evicted, an applicant may obtain cash aid for the month within three working days. Help with move-in cost to a permanent home (does not have to be paid back). Call for more detailed information and services.

Rio Hondo Temporary Home

12300 4th St., Bldg. 213
Norwalk, CA 90650
(562) 863-8805 – 24 hr.
(562) 863-4529 – Fax

Web: www.riohondohome.org
Email: info@riohondohome.org

Transitional living center, 18-month duration. Men, women with children. No single persons. No seniors except with grandchildren. All services free of charge. Homeless family referred by social services agency or self-referral. By appointment only. Will be screened before placement. Offering child care, food service and case management. (Private donations of food welcome.) On-site health clinic with weekly physician visits. Also features on-site Child Care Center which operates from 7 a.m. to 6 p.m. and offers a variety of services to infants, children and youth up to age 17. Works in collaboration with School on Wheels, Inc., to provide one-on-one weekly tutoring sessions for grades K-12. Call or visit website for details on services. Spanish available.

EMERGENCY SERVICES

Salvation Army Transitional Living Center (T.L.C.)

12000 E. Washington Blvd.
Whittier, CA 90606
(562) 696-7175

*3-6 month waiting list. Serves women and children.

7926 Pickering Ave.
Whittier, CA 90602
(562) 698-8348 Ext. 500

*Emergency relief center. Serves men, women and children.

Web: www.salvationarmy.org

Donations: 800-958-7825 or www.satruck.com

Washington Hours: Mon.-Fri., 10:30 a.m. to
Noon; 1 to 4 p.m.

Social Services: Mon.-Fri., 8:30 to 10:30 a.m.

*Services/times are variable. Please call.

Intake: Mon.-Fri., 1 to 3 p.m.

*Must come in to fill out referral form.

Pickering Hours: Mon.-Fri., 9 a.m. to 4 p.m.

Social Services: Mon.-Fri., 1 to 3 p.m.

*Services/times are variable. Please call.

Intake: Mon.-Fri., 3:45 p.m.

*Must call to schedule interview.

Six to 2-year vocational/educational programs that offer housing to homeless families with children. Licensed child care, clinical psychological service, housing and employment, counseling and placement, adult literacy and computer classes, and 24-hr. case work support. No fees, appointment only, families with children only. No geographical restrictions and 24-hr. social service telephone referrals. Services and durations of stay dependent on facility. Please call ahead.

St. Matthias Church – “The Soup Kitchen”

7056 S. Washington Ave.
Whittier, CA 90602
(562) 698-9741

Hours: Mon.-Fri., 9 a.m. to 4 p.m.

Meal Hour: Mon.-Fri., 3 to 4 p.m.

Serves complete hot meal to needy persons on weekdays. First come, first serve. Accepts donations of any food item and/or money, along with various hygiene products for mass dispersal kits (i.e. toothpaste, toothbrushes, shampoo and conditioner, hand lotion, plastic dispensers etc.) Also receives mail for the homeless. Not a shelter.

St. Mary's Place

7033 Milton Ave.
Whittier, CA 90602
(562) 698-0608

Hours: Mon.-Wed., 9 a.m. to Noon

Sat., 9 to 11 a.m.

*Closed Thursdays & Fridays.

Provides food and clothing for low-income families. Clothing is distributed on Saturdays during the above hours. Donations welcome. Call for more information.

EMERGENCY SERVICES

Whittier Area First Day Coalition

12426 Whittier Blvd.
Whittier, CA 90602
(562) 945-4304 – Administration
(562) 693-4097 – Social Services Referral Ctr.
(562) 652-5117 – Outreach; 24 hr. On-Call Service

Web: www.whittierfirstday.org

Hours: Mon.-Fri., 8 a.m. to Noon

Recovery from Homelessness – Short term emergency transitional housing with on-site supportive services. Four phase program.

Health and Wellness Clinic Services – Serves as a preventive health, urgent/primary care and referral facility for residents.

Social Services Referral Center – Provides financial assistance to obtain birth certificates, CA identification, CA driver's license and other documentation necessary to receive government benefits and employment. Transportation is also available in the form of tokens and taxi vouchers for job interviews, referrals and appointments. Medical and mental health referrals. Accept walk-ins but better to call ahead for appointment. Spanish available.

Women & Children's Crisis Center

12519 Washington Blvd., Bldg. A
Whittier, CA 90602
(562) 945-3937
(562) 945-3939 – 24 hr.

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Provides emergency shelter for battered women and their children without any other resources. Accepts male children up to age 17, no age limit for female children. Also provides individual counseling along with legal, financial and housing advocacy. Shelter is for 45 days.

EMPLOYMENT TRAINING

**Employment Development Dept. (E.D.D.) –
State Disability Insurance (S.D.I.) Program**

(800) 480-3287
(866) 658-8846 – Spanish
(800) 563-2441 – T.T.Y

Web: www.edd.ca.gov

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Provides affordable, worker-funded benefits to eligible workers suffering a full or partial loss of wages due to disabilities which are not work related. Disability also includes elective surgery and disabilities related to pregnancy or childbirth.

**Employment Development Dept. (E.D.D.) –
State of California**

12715 Pioneer Blvd.
Norwalk, CA 90650
(562) 929-9107
(800) 300-5616
(800) 326-8937 – Spanish
(800) 815-9387 – T.T.Y., Unemployment Insurance
(800) 563-2441 – T.T.Y., Disability Insurance

Web: www.edd.ca.gov

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Provides job placement and employment counseling. Refers qualified persons for interviews with the potential of employment. Administers Unemployment Insurance Benefits (restrictions apply). Will assist in filing claims for disability and provide information on the status of claims. Can file claim on website. Call for more information regarding specific services.

**Fair Employment & Housing Dept. (D.F.E.H.) –
State of California**

611 W. 6th St., Ste. 1500
Los Angeles, CA 90017
(213) 439-6799
(213) 439-6715 – Fax
(800) 884-1684 – General Info.
(800) 700-2320 – T.T.Y.

Web: www.dfeh.ca.gov

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Enforces laws against employment discrimination based on race, color, national origin, religion, sex, marital status, medical condition and physical disability. Call to make an appointment. Visit website for information regarding specific claims and problems. Spanish available.

Industrial Relations Dept. (D.I.R.) – State of California

Division of Labor Standards Enforcement
320 E. 4th St., Ste. 450
Los Angeles, CA 90013
(213) 620-6330 – Administration
(213) 576-6227 – General Information
(888) 275-9243 – Division of Labor Standards
(800) 736-7401 – Division of Worker's Compensation
(866) 924-9757 – Worker Hotline

Web: www.dir.ca.gov

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Provides information and guidance on all issues regarding labor laws including wage claims, worker's compensation, employment rights, violations of state labor codes and occupational safety and health. Division of Labor Standards Enforcement (D.L.S.E.) deals specifically with adjudicating wage claims, enforcing labor law, evaluating discrimination and public work complaints. Visit website's contact page for an extensive directory of divisions and services.

EMPLOYMENT TRAINING

S.A.S.S.F.A. (Southeast Area Social Services Funding Authority) – Partners for Progress

10400 Pioneer Blvd., Unit 9
Santa Fe Springs, CA 90670
(562) 946-2237
(562) 906-5807 – T.T.Y.

Web: www.pfpworksource.org
Web: www.sassfa.org

Hours: Mon., Tues., & Thurs.,
8:30 a.m. to 4:30 p.m.
Wed., 8:30 a.m. to 7 p.m.
Fri., 8 a.m. to Noon

Non-profit. Offers leadership development, peer counseling, GED preparation, tutoring, job/business assistance, senior and youth services. Health care, housing assistance as well as drug and alcohol referrals. Provides interview clothes with transportation. Services are free but donations greatly appreciated. Covering residents of La Habra Heights, La Mirada, Pico Rivera, Santa Fe Springs, along with incorporated and unincorporated Whittier.

Tri-Cities – Regional Occupational Program (R.O.P.)

12519 E. Washington Blvd.
Whittier, CA 90602
(562) 698-9571

Web: www.tcrop.k12.ca.us

Hours: Mon., 8 a.m. to 5 p.m.
Tues.-Thur., 8 a.m. to 9 p.m.
Fri., 8 a.m. to 4 p.m.

Ages: 16 years and up. Provides students with quality career and technical education training. Community internships in local business and industry sites offered. Classes on computers, notary public, nursing, public service, child development and health science. Call career center for programs.

Veterans Upward Bound

Telacu Corporate Headquarters
5420 E. Olympic Blvd.
Los Angeles, CA 90022
(323) 832-5331
(323) 832-5346 – Fax

Web: www.TELACU.com

Hours: Mon., Tues., Fri., 8 a.m. to 5 p.m.
Wed. & Thurs. 8 a.m. to 8 p.m.

Federally funded. Offers computer science, foreign language, composition, grammar, mathematics, reading and more. Employment program, youth services for children of veterans, internships and scholarships are all offered.

FINANCIAL SERVICES AND PUBLIC AID

Los Angeles County Dept. of Public Social Services (D.P.S.S.)

12727 Norwalk Blvd.
Norwalk, CA 90650

(562) 807-7840

(562) 807-7860 – Information

(866) 613-3777 – Customer service

*Most helpful; features self-service option.

(310) 761-2041 – General Relief

(800) 660-4026 – T.D.D.

Web: dpss.lacounty.gov

Dept. Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Info.: Mon.-Fri., 9 to 11 a.m. & 1 to 3 p.m.

Financial assistance (A.F.D.C.), CalWORKS, food stamps and Medical for those meeting program eligibility requirements. D.P.S.S. General Relief is financial/medical aid for single persons only. Cash aid for “immediate needs” when someone applies or before he/she is approved. Applicant must detail all of his/her needs, including money for diapers, medicine, transportation or a utility shutoff notice. If being evicted, an applicant may obtain cash aid for the month within three working days. Help with move-in cost to a permanent home (does not have to be paid back). Call for more detailed information and services.

Social Security Administration – Social Security & Supplemental Security Income (S.S.I.)

7200 S. Greenleaf Ave. Ste. 200

Whittier, CA 90602

(562) 789-5728

(800) 772-1213 – General Information

Web: www.socialsecurity.gov

*Provides forms, instructions and reference info.

Hours: Mon.-Fri., 9 a.m. to 4 p.m.

General Info.: Mon.-Fri. 7 a.m. to 7 p.m.

Provides monthly cash payments to people with limited income and resource who are 65 or older, blind, or have a disability.

State Disability Insurance (S.D.I.) Program

Main and Mailing Address:

17171 E. Gale Ave.

City of Industry, CA 91745

(800) 480-3287

(866) 658-8846 – Spanish

(800) 563-2441 – T.T.Y.

Paid-Family Leave:

(877) 238-4373

(877) 379-3819 – Spanish

Web: www.edd.ca.gov

Hours: Mon – Fri., 8 a.m. to 5 p.m.

Administered by California’s Employment Development Department (E.D.D.) State Disability Insurance (S.D.I.) provides affordable, worker-funded benefits to eligible workers suffering a full or partial loss of wages due to disabilities which are not work related. Disability also includes elective surgery and disabilities related to pregnancy or childbirth.

Veterans in Community Services (V.I.C.S.)

10260 Matern Place

Santa Fe Springs, CA 90670

(562) 204-0529 – Main Office

(562) 204-0547 – Fax

(562) 204-0543 – Weatherization Program

(562) 204-0515 – Home Energy (Utility) Assistance

(562) 204-0541 – Minor & Home Repair Grants

(562) 204-0529 – Veterans Administration

Web: www.vicsinc.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Weatherization - Provides free attic insulation, window and door replacements, furnace repair, etc.

Utility Assistance - Administrated under the Home Energy Assistance Program (H.E.A.P.); provides assistance for payment of one utility, either gas or electric.

Minor or Home Repairs - Handyman services and home improvement grants.

Veterans Affairs – V.A. representative available by appointment only on Thursdays and Fridays. Please call ahead.

HEALTH/MEDICAL SERVICES

Alzheimer's Association

Corporate Office :

5900 Wilshire Blvd., Ste. 1110
Los Angeles, CA 90036
(323) 938-3379

East Los Angeles Chapter:

133 N. Sunol Dr., Ste.243
Los Angeles, CA 90063
(323) 881-0574

(800) 272-3900 – National Helpline
(800) 633-5767 – National Helpline, Spanish

Web: www.alz.org/californiasouthland/

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Provides information on issues related to memory loss and referrals to community resources. Referrals include support groups, diagnostic centers, day care centers, legal assistance and respite care. Care consultations are available for home visits. 120 languages available. East Los Angeles Chapter provides help for Whittier residents.

American Cancer Society – Whittier Branch

Heart & Lung Center-Presbyterian Intercommunity Hospital
12401 Washington Blvd.
Whittier, CA 90602
(562) 698-6188
(800) 227-2345 – 24 hr.
(800) 228-4327 – T.T.Y.

Web: www.cancer.org
OR www.pih.net

Hours: Mon.-Fri., 9 a.m. to 4:30 p.m.

Located inside the “Heart and Lung Center” of Presbyterian Intercommunity Hospital. Provides information about cancer risk factors, early detection, prevention and treatment options. Referrals to doctors, research programs, support groups and advocacy.

American Heart Association

816 S. Figueroa St.
Los Angeles, CA 90017
(213) 291-7000
(800) 242-8721 – 24 hr Hotline
(877) 242-4277 – CPR Information & Referrals

Web: www.americanheart.org

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Research literature for public and professional education. Speakers, videos, teacher's guide and education aids. Call CPR information line for the listings and locations of upcoming classes.

Arthritis Foundation

800 W. 6th St., Ste. 1250
Los Angeles, CA 90017
(323) 954-5750
(800) 954-2873 – Local
(800) 283-7800 – National

Web: www.arthritis.org

Hours: Mon.-Thur., 8:30 a.m. to 5 p.m.
Fri., 8:30 a.m. to 4:30 p.m.

Education exercise classes for individuals with rheumatic diseases. Advocacy on their behalf and informative literature available. Most of these services are offered at lowered costs to participants.

HEALTH/MEDICAL SERVICES

Assistance League of Whittier

P. O. Box 386
Whittier, CA 90608
(562) 693-6533

Web: whittier.assistanceleague.org

Hours: Mon.-Fri., 8 a.m. to Noon

Operation School Bell – Provides clothing for elementary schoolchildren in need.

Bookmobile Program – Works with libraries to provide books for homebound people.

Kids on the Block Program – Uses puppets to educate children about cultural differences, social problems, disability issues and acceptance of self and others.

Dental Care “To Tell the Tooth” – A tooth care puppet show.

Continuing Education Scholarship Program: Scholarships for higher education.

Operation Summer Reading Club – Incentives and rewards for reading, administered through the library.

*Call for more programs and volunteer work.

Aurora Charter Oak Hospital Behavioral Health Care

1161 E. Covina Blvd.
Covina, CA 91724
(626) 966-1632
(800) 654-2673

Web: www.aurorabehavioral.com/charteroak/

*Both phone numbers are 24 hr.

Crisis intervention, inpatient psychiatric and substance abuse care for adults, adolescents and children. Free assessment and referrals. After care services free for up to one year beyond discharge. Specialized family groups. Serves all of L.A. and Orange Counties. Spanish available.

Beverly Community Hospital

309 W. Beverly Blvd.
Montebello, 90640
(323) 726-1222

***24 hrs. a day, 7 days a wk.**

Offers a variety of hospital services to the community.

Breathe California

5858 Wilshire Blvd., Ste. 300
Los Angeles, CA 90036
(323) 935-5864
(323) 935-1873 – Fax

Web: www.breathela.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Provides information and resources to the public regarding lung disease.

Caregiver Resource Ctr. of Los Angeles (L.A.C.R.C.)

San Gabriel Valley Office
1000 S. Fremont Ave., Unit 72, Ste. 10024
Alhambra, CA 91803
(626) 457-4131
(626) 457-4188 – Fax

Web: www.losangelesscsrc.org
Email: lacrc@usc.edu

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Non-profit. Administered by the California Department of Mental Health (D.M.H.) and the University of Southern California (U.S.C). All services free. Helps families with the challenges of caring for individuals with brain impairing conditions (i.e. stroke, Alzheimer's, Multiple Sclerosis, etc.). Multilingual.

Child Health & Disability Prevention Program

9320 Telstar Ave., Ste. 226
El Monte, CA 91731
(800) 993-2437

Web: www.lapublichealth.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

A preventive health program under Children's Medical Services (C.M.S.); serve youth with physical examinations and administer immunizations to low-income children.

HEALTH/MEDICAL SERVICES

Children's Hospital

4650 Sunset Blvd.
Los Angeles, CA 90027
(323) 660-2450

Web: www.childrenshospitala.org

***24 hrs. a day, 7 days a wk.**

Medical and psychological. Sponsors 54 outpatient clinics including substance abuse, crisis intervention, adolescent care, Medical, Medicare, cash and insurance.

College Hospital – Cerritos

10802 College Place
Cerritos, CA 90703
(562) 924-9581
(800) 352-3301 – Help line

Web: www.collegehospitals.com/c/service.html

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Offers inpatient medical detox and treatment for adult and adolescent substance abusers and their families. Many treatment option plans available. Programs and services include Geriatric, Pediatric, Adolescent, Partial Hospitalization and the Latino Programs. Low cost options and after care available.

Eisner Pediatric & Family Medical Center

1530 S. Olive St.
Los Angeles, CA 90015
(213) 746-1037

Web: www.eisnerpedcenter.org

Hours: Mon.-Sat. 8 a.m. to 4:30 p.m.

Accepts Medical, cash, HMO's and other private insurance. Free services may be available to qualified uninsured patients. Call for information regarding coverage.

Eye Care America

P.O. Box 429098
San Francisco, CA 94142
(800) 628-6733 – Info.
(877) 887-6327 – Children's Programs
(800) 222-3937 – Seniors
(800) 391-3937 – Glaucoma
(800) 272-3937 – Diabetes
(866) 324-3937 – Free eye exams

Web: www.eyecareamerica.org

*All phone numbers are 24 hr.

Provides referrals for U.S. citizens or legal aliens who do not have access to an ophthalmologist. Callers who meet the eligibility requirements are mailed the name of an ophthalmologist participating near their home. Participating doctors provide medical eye exams and treatment for conditions or diseases at no cost. Visit website for list of services available.

Family Planning Association

8635 Firestone Blvd. Ste. 100
Downey, CA 90242
(562) 862-5121

Web: fpamg.net

Hours: Mon.-Fri., 8:30 a.m. to 4:30 p.m.
Sat., 8:30 a.m. to 3 p.m.

Female sterilization, free pregnancy testing, low cost early detection tests, abortion services and various kinds of birth control. Appointments required for all services except for pregnancy testing. Medical, pre-paid insurance plans taken.

Family Planning Association Medical Group

1280 N. San Gabriel Blvd.
Rosemead, CA 91770
(626) 572-8800

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Various birth control services, pregnancy testing, gynecological services and abortions performed up until the 13th week. Fees may vary. Please call ahead.

HEALTH/MEDICAL SERVICES

Gary Center

341 S. Hillcrest St.
La Habra, 90631
(562) 691-3263

Web: www.garycenter.org

Hours: Mon.-Thur., 8 a.m. to 8 p.m.
Fri., 8 a.m. to 4 p.m.

Dental Clinic: Mon.-Sat., 8 a.m. to 4 p.m.
*Services children & adults.

Offers community-counseling for victims of abuse and the perpetrators. Programs include marriage, family, individual and child counseling. Outreach programs for youth include date rape and anger management for children ages 4 to 17 years old. Assistance to military families. Free ESL courses. Accepts Medical and private insurance. Sliding fee scale for all services including dental. Serves all areas of L.A. and Orange County. Spanish available.

La Leche League of Whittier

10341 Cullman Ave.
Whittier, CA 90603
(562) 448-9226
(562) 695-7646 – Spanish
(800) 525-3243 a.k.a. (800) LA-LECHE – National Hotline

Web: www.LLI.org

Hours: Mon.-Fri, 9 a.m. to 9 p.m.

Hold meetings and provide telephone support to all those needing information and practical help with breast-feeding. "Good Mothering Through Breast Feeding." Children are always welcome; mothers are strongly encouraged to bring their babies with them.

Los Angeles County Health Centers

El Monte Comprehensive Health Center:
10953 Ramona Blvd.
El Monte, CA 91731
(800) 383-4600

Edward R. Roybal Comprehensive Health Center:
245 S. Fetterly Ave.
Los Angeles, CA 90022
(800) 383-4600

El Monte Hours: Mon.-Fri., 8 a.m. to 8:30 p.m.
*Sat., 8 a.m. to 5 p.m.
Roybal: Mon.-Fri., 8 a.m. to 5 p.m.

*For non-emergency outpatient services only.

Call for times of specific clinics. Family planning, preventive health care, treatment for communicable disease, immunizations, prenatal care, youth clinic, V.D. clinic, birth control and pregnancy testing, referral service for abortion, \$20 physical examination, etc. Other services offered on a sliding scale basis.

Los Angeles County Household Hazardous & Electronic Waste Collection Program

Dept. of Public Works – Environmental Programs Division
900 S. Fremont Ave., 3rd Floor Annex
Alhambra, CA 91803
(888) CLEAN LA a.k.a. (888) 253-2652 – Toll-free, 24 hr.

Web : www.888CLEANLA.com

Administered by the Department of Public Works. L.A. County offers its residents free, convenient and environmentally safe means of disposing hazardous and electronic waste. Trash collected includes needles, prescription and over-the-counter medication, medical equipment, fertilizers, compost materials, abrasive chemicals/cleaners, batteries and E-Waste (computers, cell phones, etc). Call or visit website for information on weekly mobile collecting events or permanent collection centers in your area.

HEALTH/MEDICAL SERVICES

Muscular Dystrophy Association (M.D.A.)

4510 E. Pacific Coast Hwy., #430
Long Beach, CA 90804
(562) 498-4923

Web: www.mda.org
Email: Longbeachadistrict@mdausa.org

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Non-profit health agency supporting worldwide research at hundreds of universities and hospitals to find effective treatments and cures for neuromuscular diseases. Through 230 M.D.A.-supported and hospital-affiliated clinics along with field offices nationwide. Offers comprehensive medical services, education and help for patients and their families.

Pacific Clinics

11721 Telegraph Rd., Bldg. A
Santa Fe Springs, CA 90670
(562) 949-8455
(877) 722-2737 – Intake line, Call Center
(562) 942-8256 – Children's Services

Web: www.pacificclinics.org

Hours: Mon. & Fri., 8 a.m. to 5 p.m.

Tues., 8 a.m. to 8 p.m.

Wed. & Thur., 8 a.m. to 7 p.m.

Day treatment for chronic or acutely mentally ill persons. Referrals for all types of counseling and mental health issues. Can assist in voluntary hospitalization if patient has Medical or Medicare. No PET team. Services also include individual and group therapy, medication and case management. Areas served include Santa Fe Springs, Whittier, La Mirada, Pico Rivera, La Habra Heights, Downey and Bell Gardens. Multilingual services available.

Presbyterian Intercommunity Hospital – Senior Life Center

12401 Washington Blvd.
Whittier, CA 90602
(562) 698-0811, Ext. 2444
(562) 696-9267 – T.D.D.

Family Practice Center

LA County, Community Resource Center
10750 Laurel Ave.
Whittier, CA 90605
(562) 698-2541

Web: www.pih.net

Phone Hours: Mon-Fri., 7 a.m. to 10 p.m.

Senior Center: Mon.-Fri., 9 a.m. to 4:30 p.m.

Free screening, lectures, workshops, information and referral, exercise classes, movie matinee, daily bus trips, seven and ten day excursions, blood pressure screening every Monday 9:30 to 11:30 a.m. Depression screening every 2nd and 4th Tuesday from 2 to 4 p.m. Free membership program for those 55 years and older. Life Connections Program offers discounts on prescriptions, vision and dental. Call the Senior Life Center for information.

Family Practice Center provides complete family care, including pre-natal. Accept all major insurances (including Medical). By appointment only. Please call ahead.

San Gabriel Valley Dental Society

312 E. Las Tunas Dr.
San Gabriel, CA 91776
(626) 285-1174
(800) 322-6384 – 24 hr.

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Local referrals to dentists who are members of the American and California Dental Association.

HEALTH/MEDICAL SERVICES

St. Anne's Maternity Home

155 N. Occidental Blvd.
Los Angeles, CA 90026
(213) 381-2931

Web: www.stannes.org
*under "Contact Us" link

Hours: Mon.-Sun. 8 a.m. to 5 p.m.

Please call for appointment. Full service maternity home providing residences, counseling, medical care, junior and senior high school, vocational training, welfare assistances and post-delivery services to pregnant teenagers.

Whittier Health Center – Los Angeles County

7643 S. Painter Ave.
Whittier, CA 90602
(562) 464-5350
(562) 464-5353 – Business

Web: www.lapublichealth.org

Hours: Mon.-Fri. 8 a.m. to 3:30 p.m.

Services free but \$5 donation appreciated. Public health only (sexually transmitted diseases/HIV screening and treatment for STDs, tuberculosis screening and treatment, immunizations, etc.). Spanish available.

Whittier Hospital Medical Center

9080 Colima Rd.
Whittier, CA 90605
(562) 945-3561

Web: www.whittierhospital.com

***24 hrs. a day, 7 days a wk.**

Full service, acute care hospital. Medical, surgical, pediatric and obstetrical services; 24-hr. fully staffed emergency department; weight loss program; women's center (including prenatal education, psycho/social counseling and low cost mammograms); ambulatory care services; outpatient physical therapy; cardiac rehab services; and physician referral service. Free transportation and frequent health screenings. Post-acute programs include Home Health, skilled nursing and adult or pediatric sub-acute services.

Whittier Life Center

7743 Painter Ave.
Whittier, CA 90602
(562) 693-8803

Hours: Mon., Wed., & Fri., 10 a.m. to Noon
Tues & Thur., 10 a.m. to 2 p.m.

Free pregnancy test kit and counseling, referrals, speakers and education. Offers alternatives to abortion and post abortion counseling. Spanish available.

Whittier Planned Parenthood

7655 Greenleaf Ave.
Whittier, CA 90602
(562) 907-9071
(562) 866-0556 – Call Ctr.

Web: www.plannedparenthood.org

Hours: Mon.- Fri., 8 a.m. to 4 p.m.
Sat., 8 a.m. to Noon

Walk-ins accepted every day except for Tuesday, which is by appointment only.

Whittier Pregnancy Care Clinic

16147 E. Whittier Blvd.
Whittier, CA 90602
(562) 902-2273

Web: pregnancyclinic.net

Hours: Mon & Wed., 11:30 a.m. to 6:30 p.m.
Tues. & Thurs., 11:30 a.m. to 5 p.m.
*Closed Fridays through Sundays.

Will return calls from answering machine. Spanish available.

Fair Employment & Housing Department (D.F.E.H) – State of California

611 W. 6th St., Ste. 1500
Los Angeles, CA 90017
(213) 439-6799
(213) 439-6715 – Fax
(800) 884-1684 – General Information
(800) 700-2320 – T.T.Y.

Web: www.dfeh.ca.gov

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Enforces laws against employment discrimination based on race, color, national origin, religion, sex, marital status, medical condition and physical disability. Call to make an appointment. Visit website for information regarding specific claims and problems. Spanish available.

Housing Rights Center (H.R.C.)

520 S. Virgil Ave., Ste. 400
Los Angeles, CA 90020
(213) 387-8400 – Office
(213) 381-8555 – Fax
(800) 477-5977 – Toll-free

Web: www.hrc-la.org

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Investigates and verifies discrimination complaints. Provides individual counseling, some conciliation, attorney referral and coordination of legal action. Also assists clients on resolving conflicts over evictions, deposit returns, property damage and substandard responsibilities. H.R.C. is an advocate for more affordable housing. Project Place: Free vacancy listing for landlords and prospective tenants. Pasadena office serves Whittier & unincorporated area.

H.U.D. – Community Development Commission / Housing Authority of Los Angeles County

12131 Telegraph Rd.
Santa Fe Springs, CA 90670
(562) 347-4663
(562) 906-4928 – T.D.D.
(800) 731-4663 – Outside of 562 Area Code

Web: www.hacola.org
www.hud.gov/apps/section8/index.cfm

Hours: Mon.-Fri., 8 a.m. to 4:30 p.m.
*Peak hours 10 a.m. to 2 p.m.

Rental assistance for low-income, disabled and the elderly. Section 8 or 202 certificates or vouchers required. Applications are available on website. Spanish available.

Southern California Rehabilitation Services (S.C.R.S.)

7830 Quill Dr., Ste. D
Downey, CA 90242
(562) 862-6531

Web: www.scrs-ilc.org

Hours: Mon.-Fri., 8:30 a.m. to 4:30 p.m.

Helps consumers apply for Section 8 Rental Assistance, (locate and secure housing). Maintains a list of available housing and provides referrals to shelters and accessible apartments when needed.

**Department of Homeland Security
United States Citizenship & Immigration Services
(U.S.C.I.S.)**

300 N. Los Angeles St.
Los Angeles, CA 90012
(800) 375-5283 – National Customer Service Center
(800) 870-3676 – Forms only

Los Angeles County Citizenship Assistance Campaign

4716 Cesar E. Chavez Ave.
Los Angeles, CA 90022
(323) 260-2804 *Call for appt.

International Institute of Los Angeles

11100 E. Valley Blvd., Ste. 105
El Monte, CA 91731
(626) 452-9421 *Call for appt.

Web: www.iilosangeles.org

Hours: Mon.-Fri., 8 a.m. to 6 p.m.

Obtain citizenship card, work visas and extensions. Provide legal forms and information pertaining to immigration citizenship, amnesty laws and registry.

Serves: L.A., San Bernardino, Riverside, Orange, Santa Barbara, San Luis Obispo, and Ventura counties.

*In-person services available with appointment. Call the customer service center for nearest regional office.

INFORMATION AND REFERRAL

211 Los Angeles County

P. O. Box 726
San Gabriel, CA 91778
211 – (Just dial 2-1-1 on phone.)
(800) 339-6993
(800) 660-4026 – T.T.Y.

Call 911 for emergencies.

Web: www.infoline-la.org

***24 hrs. a day, 7 days a wk.**

Provides information and referral to human services agencies in L.A. and Orange counties. Includes but not limited to emergency services such as food, shelter, financial aid, medical assistance, protective services, legal assistance, child care, support groups, mental health and crisis intervention. Free and confidential. Multilingual.

Center for Disease Control (C.D.C) – National Prevention & Information Network

P.O. Box 6003
Rockville, MD 20849
(800) 458-5231
(888) 282-7681 – Fax

Web: www.cdcnpin.org
Email: info@cdcnpin.org

Hours: Mon.-Fri., 6 a.m. to 3 p.m.

Providing up-to-date information, publications, and technical assistance on HIV, AIDS, STD, Tuberculosis and Viral Hepatitis. Information regarding both treatments and clinical trials. Personal questions encouraged. Speak to specialists.

City of Whittier – Public Library

Central:
7344 Washington Ave.
Whittier, CA 90602
(562) 464-3450

Whittwood Branch:
10537 Santa Gertrudes Ave.
Whittier, CA 90602
(562) 464-3470

Web: www.whittierlibrary.org

Central Hours: Mon.-Wed., 10 a.m. to 9 p.m.
Thurs.-Fri., 10 a.m. to 6 p.m.
Sat., 10 a.m. to 5 p.m.

Whittwood: Mon. & Tues., Noon to 9 p.m.
Wed.-Fri., 10 a.m. to 6 p.m.
Sat., 10 a.m. to 5 p.m.

Library services, educational and recreational. Need a valid library card to borrow materials.

City of Whittier – Community Services Dept., Information & Referral Service

13225 Walnut St.
Whittier, CA 90605
(562) 464-3368
(562) 464-3576 – Fax

Web: www.whittierch.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Provides information and referral service to social services agencies in the surrounding communities and regional agencies.

Department of Consumer Affairs – Los Angeles County

500 W. Temple St., Rm. B-96
Los Angeles, CA 90012
(800) 593-8222 – 24 hr.
(213) 974-1452 – Information
(213) 626-0913 – T.T.Y.

Web: dca.lacounty.gov
Email: dca@co.la.ca.us

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Responds to telephone and walk-in inquiries along with complaints related to consumer problems in the marketplace; investigates and mediates consumer complaints of unfair, unethical, or deceptive business practices. Spanish available.

INFORMATION AND REFERRAL

Department of Consumer Affairs – State of California

1625 N. Market Blvd., Ste. 112
Sacramento, CA 95834
(800) 952-5210 *2 days to return calls.
(916) 445-1254
(916) 322-1700 – T.T.D.

Web: www.dca.ca.gov
Email: dca@dca.ca.gov *Faster response by email.

Hours: Mon.-Fri., 8 a.m. to 4:45 p.m.

Complaint, information and referral services for the 38 boards and bureaus under Consumer Affairs. Depending on the nature of the complaint or request for information agency will refer consumer to appropriate government agencies: State, Federal, City or County. Spanish available.

Health & Nursing Services – Information & Referral

9320 Telestar Ave.
El Monte, CA 91731
(213) 250-8055

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Information and referral to L.A. County public health programs operated by the Health Service Department.

L.A. County Helps!

Web: lacountyhelps.org
*See “Contact Information” link for a list of facilities, and type in zip code for your local Dept. of Public Social Services (D.P.S.S.).

Online social services directory for all of L.A. County. Log on to research available programs, the guidelines to qualify, accompanying applications that can be printed out, and the facilities/departments responsible for servicing the public.

La Mirada Resource Activity Center

13700 La Mirada Blvd.
La Mirada, CA 90638
(562) 943-0131 - Call Center, City Hall
(562) 902-3160 - Activity Center

www.cityoflamirada.org

Hours: Mon.-Fri., 7:30 a.m. to 9 p.m.
Sat., 9 a.m. to 3 p.m.

Full range of Human Services information and referral services with social workers. Individual and family counseling provided.

Los Angeles County Community Resource Center

10750 Laurel Ave.
Whittier, CA 90605
(562) 946-2425

Web: www.swcrc.org

Hours: Mon.-Thur., 8 a.m. to 8 p.m.
Fri., 8 a.m. to 5 p.m.

Serves as an Information and Referral Center for the unincorporated area of South Whittier. Includes social services, medical insurance, food programs and educational classes for adults and children. Information on county and community services. Spanish available.

Los Angeles County Nursing Home – Information & Referral Service

(800) 427-8700

Hours: 24 hr., but to speak to direct operator, best to call Mon.-Fri., 8 a.m. to 5 p.m.

Information on nursing homes and board and care facilities to meet every need. It is preferred that clients call the office.

National Runaway Switchboard

(800) 621-4000

***24-hr., nationwide.**

Information and referral for runaways or potential runaways. Shelters, counseling, medical, legal or transportation services. Provides message relay between runaway and family.

INFORMATION AND REFERRAL

Self Help & Recovery Exchange (S.H.A.R.E.)

5521 Grosvenor Blvd.
Los Angeles, CA 90066
(310) 305-8878
(310) 305-2671 – Fax

Web: www.shareselfhelp.org

Hours: Sun.-Fri., 9 a.m. to 10 p.m.
Sat., 9 a.m. to 3:30 p.m.

Provides information and referrals about several self-help groups. Runs housing program for people with mental and physical disabilities. Call or visit website for details.

Whittier Area Chamber of Commerce

8158 Painter Ave.
Whittier, CA 90602
(562) 698-9554

Web: www.whittierchamber.com

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Provides maps, demographic information, church lists, an industrial directory and a chamber roster of members. Apartment guide, bus schedules, business directories, business referrals, business start-up kits, certificates of origin, chamber events information, community calendar, employers, telephone directories, tourist information, monthly publications, pre-schools and day cares, public/private schools and wedding planners.

LEGAL ASSISTANCE

Bet Tzedek Legal Services

Los Angeles Office:

145 S. Fairfax Ave., Ste. 200
Los Angeles, CA 90036
(323) 939-0506
(323) 549-5880 – Fax

Whittier Office:

Los Nietos Community Center
11640 E. Slauson Ave.
Whittier, CA 90602
(562) 699-9898 *Ask for "County Laws" Program

Web: www.bettzedek.org

Hours: Mon.-Fri., 8:30 a.m. to 5:30 p.m.

Legal advice, counseling, representation at trials, administrative hearings and appeals. Services include bankruptcy, consumer fraud, debtors' rights, conservatorships and guardianships, simple wills, kinship care, housing conditions, landlord-tenant issues, along with In-Home-Support Services, Social Security, Medical, Veterans benefits, and S.S.I. No walk-ins. Must make appointment. Call the Los Angeles office for the nearest location.

California Youth Authority – Southern Reception Ctr. & Clinic

13200 S. Bloomfield Ave.
Norwalk, CA 90650
(562) 868-9979

Incarcerated correctional facilities for minors.

City of Santa Fe Springs Neighborhood Ctr. – Legal Services Program (County Law Project)

9255 Pioneer Blvd.
Santa Fe Springs, CA 90670
(562) 692-0261

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Provides free legal advice and representation for low-income seniors in matters of Social Security, S.S.I., Medical, Medicare, wills and other civil matters. Must make appointment.

Community Legal Services

11834 East Firestone Blvd.
Norwalk, CA 90650
(562) 864-9935

Hours: Mon.-Fri., 9 a.m. to Noon

Provides assistance to low-income residents with preparation of domestic violence restraining orders. Clinic located in room 202A of the Norwalk Superior Court.

LawHelpCalifornia.Org

47 Kearney St., Ste. 705
San Francisco, CA 94108
(415) 834-0100 – Administration
(415) 834-0202 – Fax

Web: www.LawHelpCalifornia.org

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Online legal database. No fee or subscription necessary. Large information directory that provides referrals to free and low-cost legal service organizations, court programs and State Bar-certified lawyer services. Website also links to over 1,800 self-help resources and includes materials in over 30 languages.

Legal Aid Foundation of Los Angeles

East L.A. Office
5228 Whittier Blvd.
Los Angeles CA 90022
(213) 640-3883
(213) 640-3911 – Fax
(800) 399-4529 – Service Information

Web: www.lafla.org

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

*Close for Lunch, Noon to 1 p.m.

Provides legal advice and representation for problems in the matters of government benefits, employment, landlord/tenant disputes and consumer complaints. Spanish available.

LEGAL ASSISTANCE

Legal Protection for Women

5300 E. Beverly Blvd., Ste. D
Los Angeles, CA 90022
(323) 721-9882

Hours: Tues.-Fri., 9 a.m. to 5 p.m.
Sat., 10 a.m. to 2 p.m. *Appt. only

Paralegal services: preparing family law forms for divorce, legal separation, nullity, restraining and civil harassment orders, child custody, support of visitation, alimony, name change, wage assignment for unpaid support, paternity, bankruptcy, stepparent adoption. Sliding fees, Spanish available.

Levitt & Quinn Family Law Center

1557 Beverly Blvd.
Los Angeles, CA 90026
(213) 482-1800
Ext. 5 for services provided.
Ext. 300 for receptionist.
(213) 482-3739 – Fax

Web: www.levitt-quinn.org

Hours: Mon.-Fri., 8:30 a.m. to 5:30 p.m.
*Closed for lunch, Noon to 1 p.m.

Non-profit law firm. All matters of family law, dissolution of marriage, domestic violence, child custody, visitation, support, paternity, guardianship, adoption, grandparent rights, etc. Serves welfare recipients, the working poor, people of modest means and also undocumented aliens on walk in-basis. Sliding-fee scale. No appointments required, however, call for date and times on when to apply. Spanish available.

Los Angeles County Probation Department

8240 S. Broadway Ave.
Whittier, CA 90606
(562) 908-3119

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Los Angeles County Public Defender

7339 Painter Ave.
Whittier, CA 90602
(562) 907-3160

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Legal assistance and defense for persons accused of a criminal offense in the Justice Court, Municipal Court and Superior Court, excluding infractions.

Los Angeles County Sheriff Dept. – Norwalk

12335 Civic Center Dr.
Norwalk, 90650
(562) 863-8711 – Non-emergency

***24 hr. coverage.**

Serves unincorporated Whittier only, Norwalk, and La Mirada areas.

Public Counsel – Children’s Rights Project

Main Address:
610 S. Ardmore Ave.
Los Angeles, CA 90005
(213) 385-2977
(213) 385-9089 – Fax

Mailing Address:
P.O. Box 76900
Los Angeles, CA 90076

Web: www.publiccounsel.org

Hours: Mon.-Fri., 9 a.m. to 5:15 p.m.
*Closed for lunch, 12:30 to 1:30 p.m.

Free legal assistance to children and youth ages birth through 17 in civil rights matters, including adoption, birth certificate/name changes, how to block trust accounts, legal guardianships of the person and the estate, emancipation, government benefits, health care, regional center services, special education, school enrollment, suspension and expulsion, and more. Spanish available.

LEGAL ASSISTANCE

State Bar of California

Regional Office
1149 S. Hill St.
Los Angeles, CA 90015
(213) 765-1000
(800) 843-9053 – Complaint Line

Web: www.calbar.ca.gov

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Complaints against attorneys.

Southeast District Bar Assn., Lawyer Referral Service

12749 Norwalk Blvd., Ste. 107
Norwalk, CA 90650
(562) 868-6787

Web: www.sedba.org

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Non-profit organization certified by the State Bar of California. Serves L.A. County. Assists in finding experienced attorneys upon request for specific problems. Attorneys are pre-screened and in good standing with the State Bar. Also provides a modest means criminal panel for those who do not qualify for a public defender.

Su Casa Domestic Abuse Network

Mailing Address:

P.O. Box 998
Artesia, CA 90702

Main Address:

3840 Woodruff Ave, Ste. 203
Long Beach, CA 90808
(562) 421-6537 – Administration
(562) 421-8117 – Fax
(562) 402-4888 – 24 hr.

Web: www.sucasadv.org
Email: info@sucasadv.org

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Offers supportive services to victims and survivors of domestic violence. Through a 24-hr. crisis hotline, clients gain access to temporary shelter, food clothing, counseling, T.R.O. and legal assistance, transportation and advocacy. Services include individual and group counseling along with a teen outreach program. Spanish available.

Whittier Police Department

7315 S. Painter Ave.
Whittier, 90602
(562) 945-8250 – Business
(562) 464-3415 – Code Enforcement
(562) 698-5972 – T.D.D.
911 EMERGENCY

Web: www.whittierpd.org

***24 hr. coverage.**

Enforce laws, provide police officers, speakers on crime prevention topics, inspect homes for burglary prevention. Serves Whittier and Santa Fe Springs.

Whittier Senior Citizen Center

13225 Walnut St.
Whittier, CA 90602
(562) 464-3370

Free legal services. Consultation and advice. Counseling referrals available. Open to the public by appointment only at the Whittier Senior Center.

PRE-SCHOOL PROGRAMS

Broadoaks Children's School Of Whittier College

13514 Olive Dr.
P.O. Box 634
Whittier, CA 90608
(562) 907-4250
(562) 907-4960 – Fax

Web: web.whittier.edu/broadoaks/index.htm

Hours: Mon.-Fri., 7:15 a.m. to 5:30 p.m.

Ages: 2 ½ to 5 years. School year and summer. Serves all locations. Tuition based. There is a waiting list. Wait-listed families invited to outside functions. Call for detailed information or to arrange a tour of the facilities.

C.H.A.R.O. (Community & Human Resources, Inc.) – Child Development Center

5777 Lockheed Ave.
Whittier, CA 90606
(562) 699-3976
(562) 699-8291 – Fax

Web: www.charocorp.com

Hours: Mon.-Fri., 6:30 a.m. to 6 p.m.

Ages: 2 to 5 years. Sliding scale, free to qualified families. Spanish available.

Hadley School – Whittier's First Preschool

11703 E. Hadley
Whittier, 90601
(562) 699-0539

Hours: Mon.-Fri., 6:30 a.m. to 6 p.m.

Ages: from 2 years through 2nd grade (child must be potty-trained). Provide a hot lunch and two snacks everyday. Swimming and field trips in the summer. Spanish available.

Joyland Nursery School & Kindergarten

9122 S. Painter Ave.
Whittier, CA 90602
(562) 693-4271

Hours: Mon.-Fri., 6:30 a.m. to 6 p.m.

Ages: from 2 years through kindergarten. Serves surrounding areas. Languages spoken include Spanish, German, Italian, and Portuguese.

Kindercare

10704 Scott Ave.
Whittier, 90604
(562) 947-7100

Hours: Mon.-Fri., 6:15 a.m. to 6 p.m.

Ages: 2 to 12 years. Serves Whittier, La Mirada, La Habra. Spanish available.

Web: www.knowledgelearning.com

Montebello Unified School District – Head Start Program

3200 N. Rosemead Blvd.
El Monte, CA 91731
(323) 725-7075

Hours: Mon.-Fri. 8 a.m. to 4:30 p.m.

Ages: 3 to 5 years. Non-profit. Twenty-one site locations for Head Start and state preschool. For low-income and disabled children.

Web: www.montebello.k12.ca.us/

O.P.T.I.O.N.S. / Childcare & Human Services – Resource & Referral

100 N. Citrus St., Ste. 300
West Covina, 91791
(626) 967-7848 – Administration
(626) 858-0527 – Child Development Centers (Ages 3 to 4)
(626) 854-3449 – Half-Day Preschool (Ages 3 to 4)
(626) 459-4299 – Head Start (Ages 3 to 4)
(626) 284-9935 – Surround Care (Ages 5 to 11)

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Please call for both daycare guidelines and class enrollment. Programs aim to provide a safe learning environment for families who cannot afford daycare. Also offers daycare for individuals who not meet guidelines. Funding: State, Federal, United Way, non-profit. Serves: San Gabriel Valley, Whittier and La Mirada. Spanish and Chinese available.

Web: www.optionscc.com

PRE-SCHOOL PROGRAMS

Plaza De La Raza Headstart / Carmela Children's Center

Plaza de la Raza, Child Development Services, Inc.:

8337 Telegraph Rd., 3rd Floor
Pico Rivera, CA 90660
(562) 776-1301 – Administration
(562) 776-8712 – Fax

Carmela Children's Center:

11924 S. Leland Ave.
Whittier, CA 90605
(562) 906-6404

Web: www.plazadelaraza.net

Carmela Hours: Mon.-Fri., 7 a.m. to 4:30 p.m.

Administration: Mon.-Fri., 8 a.m. to 4:30 p.m.

Ages: 3 to 5 years. Receives funding from Los Angeles County Office of Education (L.A.C.O.E.). Any family with low income below the level of the state guideline is eligible for this program. Call for details.

Plymouth Christian School

12058 Beverly Blvd.
Whittier, CA 90601
(562) 695-0745

Hours: Mon.-Fri., 6:30 a.m. to 6 p.m.

Ages: from 2 years through 6th grade. Potty training available. Serving Whittier and surrounding areas. Fees vary depending on needs.

Shepherd Ctr. Preschool

15215 Janine Dr.
Whittier, CA 90605
(562) 693-8969

Hours: Mon.-Fri., 6:30 a.m. to 6 p.m.

Ages: 2 to 5 years (including kindergarten). Serving Whittier. Fees depend on type of care and number of days.

Uptown Preschool – Ready, Set, Grow

6556 Bright Ave.
Whittier, CA 90601
(562) 945-6604

Hours: Mon.-Fri., 6:30 a.m. to 6 p.m.

Ages: 2 to 5 years (including kindergarten). Serving Whittier. Fees depend on type of care and number of days.

Whittier Christian Schools –

Main Campus:

6548 S. Newlin Ave.
Whittier, CA 90601
(562) 698-0527

Preschool:

(562) 698-0529

Junior High:

(562) 698-0798

Web: www.whittierchristian.org

Hours: Mon.-Fri., 7 a.m. to 5 p.m.

Grades: K-6. A ministry of Cavalry Baptist Church. Presently contains two elementary campuses, two preschool campuses, one junior high and a homeschool program. (See subsequent listing). Visit website to request information packet to be mailed to you. Call to schedule a tour of the facilities, and for further explanation of specific services along with varying locations.

PRE-SCHOOL PROGRAMS

Whittier Christian Schools –

Maybrook Campus:

11700 Maybrook Ave.
Whittier, CA 90604
(562) 947-3757

Preschool:

(562) 947-3759

Extended Day Program:

Newlin Campus:

(562) 698-0528

Maybrook Campus:

(562) 947-3758

Web: www.whittierchristian.org

Hours: Mon.-Fri., 7:45 a.m. to 3:45 p.m.

Extended Day Care: 7 a.m. to 6 p.m.

Grades: K-6. A ministry of Cavalry Baptist Church. Presently contains two elementary campuses, two preschool campuses, one junior high and a homeschool program. (See previous listing). Visit website to request information packet to be mailed to you. Call to schedule a tour of the facilities, and for further explanation of specific services along with varying locations.

Whittier Presbyterian Church Weekday Nursery School

6030 S. El Rancho
Whittier, CA 90606
(562) 692-5116

Web: whitpresby.org

Hours: Mon., Wed. & Fri., 9 a.m. to Noon.

Ages: 2 ½ to 5 years. School is non-sectarian. Areas served include Greater Whittier, La Habra, Hacienda Heights, Santa Fe Springs, Montebello, Pico Rivera, La Puente and Monrovia.

Whittier Village Children's Center

13222 E. Bailey
Whittier, CA 90601
(562) 698-7753

Hours: Mon.-Fri., 7 a.m. to 6 p.m.

Ages: from 3 months through 6th grade. Serves Whittier and surrounding areas. Fees dependent upon age. Full service childcare center, including hot lunch and transportation to and from local public schools. Infant, preschool and school-age care.

Y.M.C.A. of Greater Whittier

East Whittier:

15740 Starbuck St.
Whittier, CA 90603
(562) 943-7241
(562) 943-2572 – Fax

Uptown Whittier:

12510 Hadley St.
Whittier, CA 90601
(562) 907-6530
(562) 907-6527 – Fax

Web: www.ymcawhittier.org

Office Hours: Mon.-Fri., 5 a.m. to 9 p.m.

Preschool: Mon.-Fri., 6:30 a.m. to 6:30 p.m.

Ages: 2 to 5 years. Fees vary. Visit website for detailed scheduling of classes and general facility hours. Also has after-school program that serves kindergarten through 8 years old. Call or visit website for specific information regarding programs and services.

RECREATION SERVICES

Boys & Girls Club of Whittier, Inc.

7905 Greenleaf Ave.
Whittier, CA 90602
(562) 698-8630 – Info.
(562) 945-3787 – Administration
(562) 945-7152 – Fax

Web: www.bgcw.org

Club Hours: Mon.-Fri., 2:30 to 7 p.m.

Administration: Mon.-Fri., 8:30 a.m. to 5 p.m.

Holidays/Summer: 10 a.m. to 6 p.m.

Ages: 7 to 18 years. Daily homework assistance and tutoring, computer learning activities and programs, boys and girls sports leagues and fitness programs, choir and creative arts activities. Spanish available.

City of Whittier – Park & Sports Facilities

- Anaconda Park, 14575 Anaconda St.
(Off Anaconda St. & Ben Hur Ave.)
- Broadway Park, 12816 Broadway Rd.
(Off Broadway Rd. & Milton Ave.)
- Central Park, 6532 Friends Ave.
(Off Washington Ave. & Bailey St.)
- Friends Park Complex, Skate Park, Joe Miller Field & Community Center Gym, 7630 Washington Ave.
(Off Mar Vista St. & Washington Ave.)
- Guirado Park, 5760 Pioneer Blvd.
(Off Pioneer Blvd. & Orange Dr.)
- Hellman Park *Wilderness Area, No Facilities.
(Off Greenleaf Ave. & Orange Dr.)
- Hoover Fountain, 10839 Beverly Blvd.
(Off Beverly Blvd. & Workman Mill Rd.)
- J.G. Whittier Park, 7211 Whittier Ave.
- Kennedy Park, 8530 Painter Ave.
- Laurel Park, 8825 Jacmar Ave.
(Off Jacmar Ave. & Carnell Ave.)
- Lee Owens Park, 7930 Greenleaf Ave.
(Off Greenleaf Ave. & La Cuarta)
- Leffingwell Ranch, 10537 Santa Gertrudes Ave.
(Off Santa Gertrudes Ave. & Starbuck St.)
- Michigan Park, 8228 Michigan Ave.
(Off Michigan Ave. & La Cuarta St.)
- Murphy Ranch Park, 16200 Las Cumbres Dr.
(Off Youngwood Dr. & Las Cumbres Dr.)
- Palm Park, 5703 Palm Ave.
(Off Beverly Blvd. & Broadway Rd.)
- Parnell Park, 15390 Lambert Rd.
- Penn Park, 13950 Penn St.
- York Field, 9110 Santa Fe Springs Rd.
(Off Mulberry Blvd. & Santa Fe Springs Rd.)

These parks are not staffed. Facilities at these areas may include picnic tables, sports fields, athletic courts, etc. For further information, please call the City of Whittier Parks Department: (562) 945-8200 OR visit the city's website at www.cityofwhittier.org (link under "City Services", "Park and Recreational Facilities") to find a complete list of the sites available and their specific accommodations.

Greenway Trail – Bicycle/Pedestrian trail begins near 605 freeway east to Mills Ave.

RECREATION SERVICES

City of Whittier – WYN CLUB

Whittier Community Center
7630 Washington Ave.
Whittier, CA 90062
(562) 464-3430

Web: www.cityofwhittier.org

*Link under “Recreation & Arts”, “Youth Programs”

Administration Hours: Mon.-Fri., 2:30 to 5 p.m.

Summer: Mon.-Fri., Noon to 5 p.m.

WYN Supervisor: Mon.-Fri., 8 a.m. to 5 p.m.

Grades: 2nd to 5th. Fee based drop-in recreation program for students. Also open directly after school on minimum days. Program is closed any days that school is not in session. Includes family activities, field trips, daily program, etc.

School Year Sites:

- Evergreen School, 12915 Helmer Dr.
- Hoover School, 6302 S. Alta Ave.
- Laurel School, 13550 Lambert Rd.
- Leffingwell School, 10625 Sta. Gertrudes
- Longfellow School, 6005 Magnolia Ave.
- Lydia Jackson School, 8015 Painter Ave.
- Murphy Ranch School, 16021 Janine Dr.
- Orchard Dale School, 1065 S. Cole Rd.

Summer Sites:

- Anaconda Park, 14575 Anaconda St.
- Evergreen School, 2915 Helmer Dr.
- J.G. Park, 7211 Whittier Ave.
- Laurel School, 13550 Lambert Rd.
- Lydia Jackson School, 8015 Painter Ave.
- Michigan Park, 8228 Michigan Ave.
- Orchard Dale School, 1065 S. Cole Rd.
- Palm Park, 5703 Palm Park Ave.
- Parnell Park, 10711 Scott Ave.

Club Dexter Teen After-School Program sponsored by SKILLS Foundation (Supporting Kids In Living and Learning Successfully) and the City of Whittier Community Services Department

Whittier Community Center
7630 Washington Ave.
Whittier, CA 90602
(562) 464-3430

Web: www.cityofwhittier.org

*Link to under “Recreation & Arts”, “Youth Programs”

Or

Web: skillsfoundation.org

Hours: Mon.-Fri., 2:30 to 5:30 p.m.

After-school fee based recreation programs for youth at designated middle school (Dexter Middle School). Members participate in a variety of recreational activities, special interest classes, personal development exercises and excursions. Tutoring is also available.

RECREATION SERVICES

Whittier Area Youth Sports Organizations

American Youth Soccer Organization (A.Y.S.O.)

Contact person: Eddie Ramirez; (562) 447-5387
Web: www.ayso75.org

Murphy Ranch Little League

Contact person: Darren Barker; (562) 693-6772
Web: www.eteamz.com/MRLL

National Junior Basketball

Contact person: Richard de Andre; (562) 902-0765
Web: www.njbl.org

Trojan Youth Football & Cheer

Contact person: Alfred Vasquez; (562) 697-9658
Web: www.leaguelineup.com/tyf04

Whittier Area Youth Soccer

(562) 945-7774
Web: www.eteamz.com/ways

Whittier Aquatic Club

Contact person: Ed Torrez; (562) 678-0036
Email: whittieraquaticclub@hotmail.com

Whittier Girls Softball

Contact person: Alberto Arteaga; (562) 447-0123
Web: www.whittiersoftball.com

Whittier Little League

Contact person: David Soto (562) 447-6987
Web: www.eteamz.com/whittierll

Whittier Pony Baseball

Contact person: Carnie Pineira; (562) 943-5331
Web: www.whittierpony.com

Whittier Redskins Football

Contact person: Phil Perez; (562) 708-4419
Web: www.leaguelineup.com/whittierredskins

Call contact persons or visit websites for information regarding fees and schedules.

Whittier Wheelmen International – American Youth Hostels

9852 Cullman Ave.
Whittier, CA 90603
(562) 947-5771

Bicyclists 14 years and up abiding by California vehicle code. Meet Sunday mornings, 7:30 a.m. at Friends Park.

Y.M.C.A. of Greater Whittier

East Whittier:
15740 Starbuck St.
Whittier, CA 90603
(562) 943-7241
(562) 943-2572 – Fax

Uptown Whittier:
12510 Hadley St.
Whittier, CA 90601
(562) 907-6530
(562) 907-6527 – Fax

Web: www.ymcawhittier.org

Office Hours: Mon.-Fri., 5 a.m. to 9 p.m.

Offers fitness programs, childcare, aquatics, parent/child programs, along with youth and adult sports. Preschool program for children ages 2 to 5, after-school program from kindergarten through 8 years old. Please visit website for detailed scheduling of classes and facility hours. Spanish available.

SENIOR SERVICES

A.A.A. (Area Agency of Aging) – L.A. County

3333 Wilshire Blvd., Ste. 400
Los Angeles, CA 90010
(213) 738-4004
(800) 510-2020

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Services include information and referral on senior issues such as transportation, housing, meals and case management. No fees; persons 60 years or older are eligible.

A.A.R.P. (American Assn. of Retired Persons)

State Office:

200 S. Los Robles Ave., Ste. 400
Pasadena, CA 91101
(866) 448-3615 – Toll-free
(626) 583-8500 – Fax
(888) 687-2277 – National Directory
(888) 227-7669 – 55 Alive Mature Driving Class

An organization with programs designed for meeting the human services and social needs of senior citizens. Speakers provide information in a variety of areas and the group plays an active role in their community. Must be 50 years of age or older. Call to locate the nearest chapter for local meetings, time/hours and services.

Web: www.aarp.org

www.aarp.org/drive/ *Drive Class Info.

Email: calosangeles@aarp.org

Adult Protective Services – L.A. County Dept. of Community & Senior Citizens Services

3175 W. 6th St., Rm. 402
Los Angeles, CA 90010
(213) 738-2600 – Administration
(213) 351-5401 – Information & Referrals
(800) 992-1660 – Elder & Disabled Adult Abuse Hotline
(877) 477-3646 a.k.a. 877-4-R-Seniors – Elder Abuse Hotline

*Both hotlines are toll-free, 24 hr.

Hours: Mon.-Fri., 7 a.m. to 6 p.m.

Assistance for dependent, elderly and disabled adults who are neglecting themselves or who are being abused by others. Referrals are made to other agencies and assistance with In Home Support Service (I.H.S.S.) applications. Serves all of L.A. County, including eastern San Gabriel Valley. Spanish, Tagalog and Cantonese services available.

Web: css.lacounty.gov

Alta-Med Health Services Corp.

5424 E. Pomona Blvd.
Los Angeles, CA 90022
(800) 270-0633

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Programs and services offered include senior services, information and assistance, case management, adult day health care, medical clinics, Alzheimers project, S.S.I. outreach, HIV program, teen pregnancy program and transportation. Spanish available.

Web: www.altamed.org

Alzheimer's Association

Corporate Office :

5900 Wilshire Blvd., Ste. 1110
Los Angeles, CA 90036
(323) 938-3379

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Provides information on issues related to memory loss and referrals to community resources. Referrals include support groups, diagnostic centers, day care centers, legal assistance and respite care. Care consultations are available for home visits. 120 languages available. East Los Angeles Chapter provides help for Whittier residents.

East Los Angeles Chapter:

133 N. Sunol Dr., Ste.243
Los Angeles, CA 90063
(323) 881-0574

(800) 272-3900 – National Helpline

(800) 633-5767 – National Helpline, Spanish

Web: www.alz.org/californiasouthland/

SENIOR SERVICES

California Telephone Access Program (C.T.A.P.)

CTAP Regional Service Center
2677 N. Main St., Ste. 130
Santa Ana, CA 92705
(800) 806-1191
(800) 949-5650 – Spanish
(800) 806-4474 – T.T.Y.

Web: www.ddtp.org

Center Hours: Mon.-Fri., 9 a.m. to 6 p.m.
Sat., 9 a.m. to 5 p.m.

A free State telephone program for people who have difficulty hearing, seeing, moving and/or speaking. No cost, obligation or income requirement. Specialized phones provided free for those who have existing residential phone service. An application must be completed with a doctor's signature. See website for different types of telephones.

City of Norwalk – Senior Citizens Center

14040 San Antonio Dr.
Norwalk, CA 90650
(562) 929-5580
(562) 929-5580 – Fax

Hours: Mon.-Fri., 8 a.m. to 8 p.m.
Sat., 8 a.m. to 5 p.m.

Recreation and social programs. Includes seminars and medical screenings. Bingo on Mondays and Fridays. Dance and fitness classes' program hours vary, (calendar available upon request).

City of Whittier – Senior Citizens Center

Walnut Street Center:
13225 Walnut St.
Whittier, CA 90602
(562) 464-3370

Parnell Park Senior Center:

15390 Lambert Road
Whittier, CA 90604
(562) 464-3350

*Hours vary, please contact staff for program info.

Office Hours: Mon. - Fri., 8 a.m. to 5 p.m.

Multi-purpose senior centers presenting a comprehensive program of human services and recreation activities for the mature adult of 55 or older. Open six days a week for socialization and drop-in programs as well as a scheduled program of educational classes, special events, cultural activities, lectures, health screenings, exercise programs and volunteer opportunities.

Dial-A-Ride – Los Angeles County

(800) 439-0439

Hours: Mon.-Fri., 7 a.m. to 5:30 p.m.

Provides door-to-door transportation for seniors and disabled persons living in unincorporated areas of Whittier. Will transport to neighboring areas of L.A. County. Call for fees.

SENIOR SERVICES

Dial-A-Ride – City of Whittier

7333 Greenleaf Ave.
Whittier, CA 90602
(562) 698-2131 – Administrative Office
(562) 694-5909 – Dispatch

*Dial-A-Ride is located at the Whittier Transportation Center.

Office Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Dial-A-Ride Service:

Mon.-Fri., 7 a.m. to 9 p.m.
Sat. & Sun., 8 a.m. to 9 p.m.
Holidays, 8 a.m. to 4 p.m.

Provides curb-to-curb transportation services within the City limits along with a new taxi voucher program to specific locations outside of city. Vehicles with wheelchair lift available. City of Whittier residents 60 or more years and the disabled are eligible for services. Obtain application by calling the City Transit office, or from the Whittier Senior Center or Parnell Park. For a ride, call Dial-A-Ride dispatch in advance or when pick up is needed. Advance reservations are encouraged. Dial-A-Ride cards must be purchased in advance. Cards can be purchased by mail through the Whittier Transportation Center or in person at the Whittier Senior Center and Parnell Park.

Eye Care America

P.O. Box 429098
San Francisco, CA 94142
(800) 628-6733 – Information
(877) 887-6327 – Children's Programs
(800) 222-3937 – Seniors
(800) 391-3937 – Glaucoma
(800) 272-3937 – Diabetes
(866) 324-3937 – Free eye exams

Web: www.eyecareamerica.org

*All phone numbers are 24 hr.

Provides referrals for U.S. citizens or legal aliens who do not have access to an ophthalmologist. Callers who meet the eligibility requirements are mailed the name of an ophthalmologist participating near their home. Participating doctors provide medical eye exams and treatment for conditions or diseases at no cost eye exams. Visit website for list of services available.

Health Partnership

P.O. Box 1965
Whittier, CA 90609
(562) 943-4297
(562) 943-5694 – Fax

Email: healthpartnership@wacc.net

Hours: Mon. & Thur., 9 a.m. to 5 p.m.

Provides advocacy, resources and referrals, education through seminars, one-on-one counseling, literature and health screening.

H.I.C.A.P. (Health Insurance Counseling & Advocacy Program)

Los Angeles County HICAP Office
520 S. Lafayette Park Place, Ste. 214
Los Angeles, CA 90057
(213) 383-4519
(213) 251-7920 – T.T.Y.
(800) 434-0222 – Appt. Line

Web: www.aging.ca.gov

Hours: Mon.-Fri, 8:30 a.m. to 4:30 p.m.

Administered by the California Department of Aging (C.D.A.) and the Center for Health Care Rights. Volunteer program. Provides unbiased information. Free assistance to current beneficiaries and those planning for future health and long term care needs. Serves L.A. County. Call to set up an appointment in local community.

SENIOR SERVICES

Kinship Resource Centers

9834 Norwalk Blvd.
Santa Fe Springs, CA 90670
(562) 777-1751
(800) 694-7263

Web: www.abanet.org/child/kinshipcare.shtml

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Assistance to caregivers taking full-time care of a relative's children. Program includes three Kinship Resource Centers offering a variety of services for kinship families, including case management, respite care, educational forums, recreational activities and support groups for both caregivers and children. Spanish available.

La Mirada Resource Activity Center

13700 La Mirada Blvd.
La Mirada, CA 90638
(562) 943-0131 - Call Center, City Hall
(562) 902-3160 - Activity Center

www.cityoflamirada.org

Hours: Mon.-Fri., 7:30 a.m. to 9 p.m.
Sat., 9 a.m. to 3 p.m.

Full range of senior programs and activities including nutrition program, clubs and classes, health workshops, clinics, and counseling, etc. Youth employment referral services for La Mirada residents only, ages 14 and older. Human services include information and referral, Meals on Wheels, Volunteers In Action program, Consumer Credit Counseling Service and Straight Talk. Also a full range of leisure classes and activities for all ages. Spanish available.

Long Term Care Ombudsman – CRISIS Hotline

(800) 231-4024

***24 hrs. a day, 7 days a wk.**

Receives complaints from residents.

Long Term Care Ombudsman – Info. & Referral

WISE & Healthy Aging Headquarters:

1527 4th St., 2nd Floor
Santa Monica, CA 90401
(310) 394-9871

Web: wiseandhealthaging.org
Email: info@wisehealthyaging.org

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.

Provides residents of long term care facilities with an independent and objective source of help in resolving complaints and problems. Will refer callers to local services and programs. Serves all of L.A. County.

Lumetra

(800) 841-1602
(800) 881-5980 – T.D.D.

Web: www.lumetra.com

*Both phone numbers are 24 hr.

Medicare health information and assistance. Appeals for discharge. Referrals and resources. Spanish available.

Presbyterian Intercommunity Hospital – Senior Life Center

12401 Washington Blvd.
Whittier, CA 90602
(562) 698-0811, Ext. 2444
(562) 696-9267 – T.D.D.

Web: www.pih.net

Hours: Mon.-Fri., 9 a.m. to 4:30 p.m.

Provides lectures, screenings and recreational activities for senior citizens.

SENIOR SERVICES

**Rancho Adult Day Services –
Rancho Los Amigos Medical Center**
7601 E. Imperial Hwy., Bldg. 802
Downey, CA 90242
(562) 401-7991

Web: www.ranchohosamigos.com
www.rancho.org/adultday.htm

Office Hours: Mon.-Fri., 8 a.m. to 4 p.m.
Service: Mon.-Fri., 9 a.m. to 3 p.m.

Day care center for individuals aged 18 and older, including those with Alzheimer's disease. Facility offers nursing care, occupational therapy, physical therapy, social services, speech therapy, nutritious lunches, transportation and psychological services. Spanish available.

Retired Senior Volunteer Program (R.S.V.P.)
12510 Hadley St., 2nd Floor, Ste. 203
Whittier, CA 90601
(562) 907-6545

Web: www.seniorcorps.org

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Locates/provides agencies and organizations in the cities of Whittier, La Mirada, Norwalk, Santa Fe Springs, Downey, Pico Rivera, South El Monte and all of the San Gabriel Valley with volunteers. All volunteers must be 55 years or older. Skills and interests are matched to community needs.

S.A.S.S.F.A. (Southeast Area Social Services Funding Authority) — Senior Services Program
10400 Pioneer Blvd., Unit 9
Santa Fe Springs, CA 90670
(562) 699-3231 *Leave message. Will return calls.
(562) 906-5807 – T.T.Y.

Web: www.pfpworksource.org
www.sassfa.org

Non-profit. Provides nutrition and social services to senior citizens, functionally impaired adults and their caregivers. Serves residents of La Habra Heights, La Mirada, Pico Rivera, Santa Fe Springs, along with incorporated and unincorporated Whittier. Services are free but donations greatly appreciated. Case management, home-based care, home delivered meals and telephone reassurance included.

Southern California Rehabilitation Services (S.C.R.S.)
7830 Quill Dr., Ste. D
Downey, CA 90242
(562) 862-6531

Web: www.scrs-ilc.org

Hours: Mon.-Fri., 8:30 a.m. to 4:30 p.m.

Provides a wide range of services including: advocacy, referrals, counseling, classes, employment assistance, housing referrals and benefits counseling. Appointment needed. Spanish is available.

SENIOR SERVICES

Veterans' Services – Veterans Affairs

11000 Wilshire Blvd.
Los Angeles, CA 90024
(800) 827-1000 - Call Center

Web: www.va.gov

Veterans In Community Services, Inc. (V.I.C.S.)

10260 Matern Place
Santa Fe Springs, CA 90670
(562) 204-0529

Web: www.vicsinc.org

Veterans' Administration (V.A.) Long Beach Health Care

Medical Center
5901 E. 7th St.
Long Beach, CA 90822
(562) 826-8000

Whittier-Santa Fe Springs Outpatient Clinic

10210 Orr & Day Road
Santa Fe Springs, CA 90670
(562) 864-5565

Whittier Adult Day Health Care Center

14268 E. Telegraph Rd.
Whittier, CA 90604
(562) 944-6986

Web: www.wadhcc.com

Hours:

Veterans' Affairs: Mon.-Fri., 8 a.m. to 4 p.m.

Medical Center: Mon.-Fri., 8 a.m. to 4 p.m.

Clinic: Mon.-Fri., 8 a.m. to 4:30 p.m.

Information concerning compensation, education, house loan guarantee, life insurance, burial benefits, vocation rehabilitation, etc.

*A veteran representative is available to assist veterans at V.I.C.S. on Thursday and Friday via appointment only. Please call to schedule.

Hours: Mon.-Fri., 8 a.m. to 3 p.m.

A program fully licensed by the state departments of health and aging. Dedicated to providing medical and social service support to older adults and disabled individuals. Includes nursing care and rehabilitation therapies. Family and individual consultation. Transportation. Basic services pending on individual needs and assessment. Spanish available.

Whittier Meals on Wheels

7702 Washington Ave.
Whittier, CA 90602
(562) 698-2750
(562) 696-8650 – Fax

Hours: Mon.-Fri., 9 a.m. to 2 p.m.

Delivery of hot lunch and cold dinner to disabled and home bound, once a day, five days a week. Serving the Whittier, Pico Rivera and Santa Fe Springs areas.

SHELTERS/HOMELESS/FOOD PROGRAMS

Battered Women – Haven House Shelter & Hotline Haven House, Inc. P.O. Box 50007 Pasadena, CA 91115 (626) 564-8880 (626) 564-9348 – Fax (323) 681-2626 – 24 hr. Hotline Web: www.havenhouseela.com	<u>Hours:</u> Mon.-Fri., 8 a.m. to 4:30 p.m. Counseling to male and female domestic violence victims including teens. Education in community about domestic and teen dating violence.
Battered Women – Su Casa Family Crisis & Support Center (562) 402-4888	*24 hr. service. English and Spanish spoken
Battered Women – Women & Children’s Crisis Center 12519 Washington Blvd., Bldg. A Whittier, CA 90608 (562) 945-3937 (562) 945-3939 – 24 hr.	*24 hr. service. Provides emergency shelter for battered women and their children who lack resources. Accepts male children up to age 17, no age limit for female children. Also provides individual counseling, legal, financial and housing advocacy. Shelter is for 45 days.
Battered Women – Y.M.C.A. Women’s Transitional Living Center (W.T.L.C.) (714) 992-1931 – Hotline for Shelter	W.T.L.C domestic violence program. Call for locations and details.
Bilingual Shelter for Victims of Domestic Violence (323) 268-7564 (800) 548-2722	*Both phone numbers are 24 hr. Evaluations for shelters and referral services. Serves all of L.A. County.
Gang/Juvenile Delinquency Prevention STAR Unit, Sheriff’s Academy 11515 S. Colima Rd. Bldg. D111 Whittier, CA. 90604 (562) 946-7263 (562) 941-8673 – Fax	<u>Hours:</u> Mon.-Fri., 7 a.m. to 5 p.m. Community outreach program about drug abuse and gang activity. Targeting adolescents. Call for more information.
Habitat for Humanity 770 N. Fair Oaks Pasadena, CA 91103 (626) 792-3838 (626) 792-7006 – Fax Web: www.habitat.org	Non-profit. Funded via voluntary labor and donations of money and materials. Sponsors specific projects in adequate housing. Affiliated with other organizations with similar purpose. All families in need of shelter may apply. Selection is made by non-discriminatory committee. Spanish available.

SHELTERS/HOMELESS/FOOD PROGRAMS

Interfaith Food Center

14545 Leffingwell Rd
Whittier, CA 90604
(562) 903-1478

Web: www.ifc.helpingu.org

Office Hours: Mon., Tues. Thur., & Fri.,
8 to 11:45 a.m.
Wed., 8 to 10:30 a.m.

Homeless Lunch: Mon., Tues. Thur., & Fri.,
8 to 11:45 a.m.

While supplies last. Receive a daily sack lunch along with toiletries such as soap, shampoo, deodorants, toothpaste and toothbrushes. Donations welcomed.

Food Distribution: Mon., Thur., & Fri.,
9 to 10 a.m.
& 10:30 a.m. to Noon
Tues., 5 to 7 p.m.

Qualified clients only. Required to provide photo ID, proof of income, proof of number of household members and proof of address. Weekly food boxes of canned goods, packaged food, dairy products, bread, fruit and vegetables and federal commodities. Spanish available.

Los Angeles County Community Resource Center

10750 Laurel Ave.
Whittier, CA 90605
(562) 946-2425

Web: www.swcrc.org

Hours: Tuesday only.

A representative from the Department of Public Social Services (D.P.S.S.) helps individuals apply for the Food Stamps program. Call for appointment. Spanish available.

Neighbors Helping Neighbors Family Assistance Center

13523 A. Telegraph Rd.
Whittier, CA 90604
(562) 777-2475

Hours: Mon.-Fri., 10 a.m. to 2 p.m.

Provides food and clothing to residents of South Whittier/Whittier, and surrounding communities. Distribution of food is in grocery bags and each household is entitled to weekly assistance. Requirements to process application are: valid photo ID card, recent proof of income, utility bill and a recent proof of address. Please call ahead.

Runaways – Casa Youth Shelter

10911 Reagan St.
Los Alamitos, CA 90720
(562) 594-6825
(714) 995-8601
(800) 914-2272

Ages: 12 to 17. Voluntary parent and child therapy offered each day. Based on a sliding scale. Please call for specific times and information.

Runaways – National Runaway Switchboard

(800) 621-4000

***24 hr. service.**

SHELTERS/HOMELESS/FOOD PROGRAMS

Salvation Army Transitional Living Center (T.L.C.)

12000 E. Washington Blvd.
Whittier, CA 90606
(562) 696-7175

*3-6 month waiting list. Serves women and children.

7926 Pickering Ave.
Whittier, CA 90602
(562) 698-8348 Ext. 500

*Emergency relief center. Serves men, women and children.

Web: www.salvationarmy.org

Donations: 800-958-7825 or www.satruck.com

Washington Hours: Mon.-Fri., 10:30 a.m. to Noon; 1 to 4 p.m.

Social Services: Mon.-Fri., 8:30 to 10:30 a.m.

*Services/times are variable. Please call.

Intake: Mon.-Fri., 1 to 3 p.m.

*Must come in to fill out referral form.

Pickering Hours: Mon.-Fri., 9 a.m. to 4 p.m.

Social Services: Mon.-Fri., 1 to 3 p.m.

*Services/times are variable. Please call.

Intake: Mon.-Fri., 3:45 p.m.

*Must call to schedule interview.

Six to 2-year vocational/educational programs that offer housing to homeless families with children. Licensed child care, clinical psychological service, housing and employment, counseling and placement, adult literacy and computer classes, and 24-hr. case work support. No fees, appointment only, families with children only. No geographical restrictions and 24-hr. social service telephone referrals. Services and durations of stay dependent on facility. Please call ahead

St. Matthias Church – “The Soup Kitchen”

7056 S. Washington Ave.
Whittier, CA 90602
(562) 698-9741

Hours: Mon.-Fri., 9 a.m. to 4 p.m.

Meal Hour: Mon.-Fri., 3 to 4 p.m.

Serves complete hot meal to needy persons on weekdays. First come, first serve. Accepts donations of any food item and/or money, along with various hygiene products for mass dispersal kits (i.e. toothpaste, toothbrushes, shampoo and conditioner, hand lotion, plastic dispensers etc.) Also receives mail for the homeless. Not a shelter.

St. Mary's Place

7033 Milton Ave.
Whittier, CA 90602
(562) 698-0608

Hours: Mon.-Wed., 9 a.m. to Noon

Sat., 9 to 11 a.m.

Closed Thursdays & Fridays.

Provides food and clothing for low-income families. Clothing is distributed on Saturdays during the above hours. Donations welcome. Call for more information.

SHELTERS/HOMELESS/FOOD PROGRAMS

Whittier Area First Day Coalition

12426 Whittier Blvd.
Whittier, CA 90602
(562) 945-4304 – Administration
(562) 693-4097 – Social Services Referral Center
(562) 652-5117 – Outreach; 24 hr. On-Call Service

Web: www.whittierfirstday.org

Hours: Mon.-Fri., 8 a.m. to Noon

Recovery from Homelessness – Short-term emergency transitional housing with on-site supportive services. Four-phase program.

Health and Wellness Clinic Services – Serves as a preventive health, urgent/primary care and referral facility for residents.

Social Services Referral Center – Provides financial assistance to obtain birth certificates, CA identification, CA driver's license and other documentation necessary to receive government benefits and employment. Transportation is also available in the form of tokens and taxi vouchers for job interviews, referrals and appointments. Medical and mental health referrals. Accept walk-ins but better to call ahead for appointment. Spanish available.

Women, Infants & Children (W.I.C.)

Uptown Whittier WIC Center
12825 Philadelphia Street, Unit-C
Whittier, CA 90601
(626) 856-6600 – Central Office
(888) 942-2229 – 24 hr. Hotline

Web: www.phfewic.org

Hours: Mon., Tues., Thur., & Fri.,
7:30 a.m. to 6 p.m.
Wed., 7:30 a.m. to 7:30 p.m.

Special supplemental program providing nutrition education and food vouchers for purchasing specific foods such as milk, cheese, cereal, juice and infant formula. Program services pregnant and breastfeeding women, as well as infants and children up to 5 years of age. Admissions requirements: low to moderate income, high risk, with medical referral. Services available at locations throughout L.A. and Orange counties.

TRANSPORTATION

Access Services

707 Wilshire Blvd., 9th Floor
Los Angeles, CA 90071

Mailing Address:

P.O. Box 71684
Los Angeles, CA 90071

(800) 827-0829 – Applications & Customer Service
(800) 827-1359 – Applications T.D.D.
(800) 883-1295 – Trip Planning
(800) 826-7280 – Trip Planning T.D.D.

Web: www.asila.org
Email: cserv@asila.org

Access Services' primary mission is to provide Americans with Disabilities Act (A.D.A.) mandated paratransit services for disabled individuals who are unable to use public fixed route transportation systems. Access paratransit operates 7 days a week, 24 hours of the day in most areas of L.A. County. Provides a shared ride service that operates curb-to-curb and utilizes a fleet of small buses, mini-vans and taxis. Fares are distance-based and range from \$1.80 to \$2.70 for each one-way trip. Call Applications & Customer Service if not currently an access certified rider OR call Trip Planning if already certified to make a reservation. Spanish available.

City of Norwalk – Norwalk Transit

12650 E. Imperial Hwy., 1st Floor
Norwalk, CA 90650
(562) 929-5550 – Customer Service/Route Info.
(562) 929-5773 – Fax
(800) 266-6883 – After Hrs. Transportation Info. Hotline

Web: www.ci.norwalk.ca.us/transportation.asp

Customer Service Hours: Mon.-Fri,
8 a.m. to 5 p.m.

General Bus Service:

Route 6: Mon.-Fri., 6 a.m. to 5:30 p.m.
Sat., 10 a.m. to 5:30 p.m.

Route 7: Mon.-Fri., 6:30 a.m. to 6:30 p.m.
Sat., 10 a.m. to 6:30 p.m.

*No service on Sundays.

Norwalk Transit System operates a fixed-route and paratransit service in L.A. County, including the City of Norwalk and portions of Artesia, Bellflower, Cerritos, La Mirada and Whittier. ROUTE 6 services the northwest area of Whittier and southeast towards the Whittier Town Center. ROUTE 7 services the northwest area and east along Whittier Blvd. to within one block from the Whittier Hospital Medical Center. Seventy-five cents per one-way trip with ID, seniors and the disabled ride for \$0.35. Call for more information regarding fares, discounts and transfers. Also, see website for up-to-date scheduling and brochures.

Dial-A-Ride – Los Angeles County

(800) 439-0439

Hours: Mon. - Fri., 7 a.m. to 5:30 p.m.

Provides door-to-door transportation for seniors and disabled persons living in unincorporated areas of Whittier. Will transport to neighboring areas of L.A. County. Call for fees.

TRANSPORTATION

Dial-A-Ride – City of Whittier

7333 Greenleaf Ave.
Whittier, CA 90602
(562) 698-2131 – Administrative Office
(562) 694-5909 – Dispatch

* Dial-A-Ride is located at the Whittier Transportation Center.

Office Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Dial-A-Ride Service:

Mon.-Fri., 7 a.m. to 9 p.m.
Sat. & Sun., 8 a.m. to 9 p.m.
Holidays, 8 a.m. to 4 p.m.

Provides curb-to-curb transportation services within the City limits along with a new taxi voucher program to specific locations outside of city. Vehicles with wheelchair lift available. City of Whittier residents 60 or more years and the disabled are eligible for services. Obtain application by calling the City Transit office or from the Whittier Senior Center or Parnell Park. For a ride, call Dial-A-Ride dispatch in advance or when pick up is needed. Advance reservations are encouraged. Dial-A-Ride cards must be purchased in advance. Cards can be purchased by mail through the Whittier Transportation Center or in person at the Whittier Senior Center and Parnell Park.

Metropolitan Transportation Authority (Metro)

1 Gateway Plaza
Los Angeles, CA 90012
(800) 266-6883
(213) 922-6235 – Customer Relations
(213) 680-0054 – Disabled Services

Web: www.metro.net

Provides transportation throughout L.A. County. Senior citizens and individuals with disabilities may ride at a discounted fee. Proof of age required, must be between the ages of 62 and 65 and not employed full time. Senior citizens, disabled, and students eligible for special discount fee.

Montebello Bus Lines

(323) 887-4600
(800) 252-9040 – T.D.D.

Web: www.cityofmontebello.com/depts/transit/bus/default.asp

Provides transportation throughout L.A. County. Senior citizens, students and the disabled may ride at a discounted fee. Proof of age required for seniors. Must be between the ages of 62 and older and not employed full time.

Blind Veterans of Southern California

11000 Wilshire Blvd., Rm. 5212
Los Angeles, CA 90024
(310) 235-6125
(310) 235-6110 – Fax
(800) 669-7079 *Voicemail 6003

Web: www.bva.org
Email: bvivee1@va.gov

Hours: Mon.-Fri., 8:30 a.m. to 3 p.m.

Support and referral to blind veterans. Leave name and phone number on their voice mail for a return call. Spanish available.

California Council for Veterans Affairs

2501 W. Florence Ave.
Los Angeles, CA 90043
(323) 750-9967
(323) 750-8034 – Fax

Hours: Mon.-Fri., 9 a.m. to 2 p.m.

V.A. benefits, emergency assistance to homeless veterans and employment assistance. Also have a women's transitional center.

Disabled American Veterans

Mailing Address:
118 W. 26th St.
Carson, CA 90745

Meeting Address:
Long Beach Chapter #17
540 Pine Ave.
Long Beach, CA 90802
(562) 436-5161

Web: www.dav.org
www.davmembersportal.org/chapters/ca/17/

Hours: Mon.-Fri., 8:30 a.m. to 2:30 p.m.

Assistance and counseling for veterans, their widows and dependent children regarding service and non-service connected problems. Chapter meetings are held the third Thursday of each month at 10 a.m. Tagalog available.

U.S. Veterans Initiative – Long Beach

Villages at Cabrillo
2001 River Ave.
Long Beach, CA 90810
(562) 388-7800
(562) 368-7991 – Fax

Web: www.usvetsinc.org

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.
Sat., 9 a.m. to 12 p.m.

Transitional housing (550 beds) for homeless male and female veterans. Substance abuse program, job program, women's program and full service employment center. Residents pay rent after gaining employment. Clinical support, case management and meals are provided. All ages.

Veterans' Services – Veterans Affairs

11000 Wilshire Blvd.
Los Angeles, CA 90024
(800) 827-1000 - Call Center

Web: www.va.gov

Veterans In Community Services, Inc. (V.I.C.S.)

10260 Matern Place
Santa Fe Springs, CA 90670
(562) 204-0529

Web: www.vicsinc.org

Veteran's Administration (V.A.) Long Beach Health Care

Medical Center
5901 E. 7th St.
Long Beach, CA 90822
(562) 826-8000

Whittier-Santa Fe Springs Outpatient Clinic

10210 Orr & Day Road
Santa Fe Springs, CA 90670
(562) 864-5565

Veterans Upward Bound

Telacu Corporate Headquarters
5420 E. Olympic Blvd.
Los Angeles, CA 90022
(323) 832-5331
(323) 832-5346 – Fax

Web: www.TELACU.com

Hours:

Veterans' Affairs: Mon.-Fri., 8 a.m. to 4 p.m.

Medical Center: Mon.-Fri., 8 a.m. to 4 p.m.

Clinic: Mon.-Fri., 8 a.m. to 4:30 p.m.

Information concerning compensation, education, house loan guarantee, life insurance, burial benefits, vocation rehabilitation, etc.

*A veteran representative is available to assist veterans at V.I.C.S. on Thursday and Friday via appointment only. Please call to schedule.

Hours: Mon., Tues., Fri., 8 a.m. to 5 p.m.

Wed. & Thurs. 8 a.m. to 8 p.m.

Federally funded. Offers computer science, foreign language, composition, grammar, mathematics, reading and more. Employment program, youth services for children of veterans, internships and scholarships are all offered.

YOUTH/FAMILY SERVICES

American Red Cross – Rio Hondo Chapter

6706 S. Friends Ave.
Whittier, CA 90601
(562) 945-3944
(800) 733-2767
(800) 257-7575 – Spanish
(800) 448-3543 – Blood Donations

Web: www.arcriohondo.org
www.redcross.org

Hours: Mon.-Thur., 8:30 a.m. to 5 p.m.
Fri., 8:30 a.m. to 4:30 p.m.

Disaster preparedness and relief services to military servicemen, families and veterans. Provides first aid, CPR, vital signs, water safety and earthquake preparedness training. Blood donations at the facility and through bloodmobiles. Helps find shelter, emergency food, water and other disaster relief.

Boys & Girls Club of Whittier, Inc.

7905 Greenleaf Ave.
Whittier, CA 90602
(562) 698-8630 – Info.
(562) 945-3787 – Administration
(562) 945-7152 – Fax

Web: www.bgcw.org

Club Hours: Mon.-Fri., 2:30 to 7 p.m.
Administration: Mon.-Fri., 8:30 a.m. to 5 p.m.
Holidays/Summer: 10 a.m. to 6 p.m.

Ages: 7 to 18 years. Daily homework assistance and tutoring, computer learning activities and programs, boys and girls sports leagues and fitness programs, choir and creative arts activities. Spanish available.

Boy Scouts of America – Rio Hondo District, Los Angeles Area Council

2333 Scout Way
Los Angeles, CA 90026
(213) 413-4400
(213) 483-6472 – Fax

Web: www.boyscoutsla.org

Hours: 9 a.m. to 5 p.m. daily.

Recruit ages: 7 to 18 years. / Exploring Ages: 14 to 20 years (co-ed). Tiger cubs, cub scouts, boy scouts, explorers. Organized programs for interested sponsors, summer camps for boys to attend. Outdoor activities throughout the year. Family involvement encouraged. Serving the Whittier, Pico Rivera, Santa Fe Springs and Montebello areas.

Bridge of Faith

Mailing Address:
P.O. Box 9108
Whittier, CA 90608

Store:

Upscale Collectibles
7702 Greenleaf Ave.
Whittier, CA 90608

(562) 907-0783 – Store
(562) 789-8009 – Home

Web: www.bridgeoffaith.org
Email: bridgeoffaith@att.net

Hours: Mon.-Fri., 11 a.m. to 6 p.m.
Sat. 10 a.m. to 2 p.m.

Non-profit. Purpose is to reach out to individuals, particularly children of inmates, who are at high risk of homelessness and who have limited ability to care for themselves. Bridge of Faith also developed the V.I.P. (Value, Importance and Purpose), Peer-Mentor Program with its emphasis on female youth emancipating from the foster care system. Also run H.O.M.E. (Home Opportunity Meets Emancipation) facility to shelter and support emancipated foster girls. Contact for information on programs.

Broadoaks Children's School Of Whittier College

13514 Olive Dr.
P.O. Box 634
Whittier, CA 90608
(562) 907-4250
(562) 907-4960 – Fax

Web: web.whittier.edu/broadoaks/index.htm

Hours: Mon.-Fri., 7:15 a.m. to 5:30 p.m.

Ages: 2 ½ through 8th grade. (Preschool / K-6 school year / K-8 summer.) Tuition-based. Waiting list for preschool. Summer Science and Digital World Academies, Grades 1-8. Serves Whittier and surrounding areas. Call for information regarding upcoming expansion of services and grade levels.

YOUTH/FAMILY SERVICES

California State Licensing Division

AT&T Bldg.
1000 Corporate Center Dr., Ste. 200B
Monterey Park, CA 91754
(323) 981-3350
(323) 981-3355 – Fax

Web: www.CCLD.ca.gov

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Accepts complaints of violations regarding child care agencies. Provides information on whether a child care agency is licensed or not.

Camp Fire Boys & Girls – Long Beach Area Council

Camp Fire U.S.A.
7070 E. Carson St.
Long Beach, CA 90808
(562) 421-2725
(562) 421-4056 – Fax

Web: www.campfirelb.org
Email: campfireLB@campfireLB.org

Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.
Sat., 9 a.m. to 1 p.m.

Ages: 5 to 18 years. Non-profit national youth agency. Membership is open to everyone, regardless of race, creed, religion, national origin or sex. Offers young people educational and recreational activities. Serves the Rio Hondo Area (Downey, La Mirada, Norwalk, Pico Rivera, Santa Fe Springs and Whittier).

Catholic Big Brothers/Big Sisters

1530 James M. Wood Blvd.
Los Angeles, CA 90015
(213) 251-9800 – Voice
(213) 251-9855 – Fax

Web: www.catholicbigbrothers.org

Hours: Mon.-Fri., 9 a.m. to 5:30 p.m.

Ages: 7 to 14 years. Adult men and women volunteers spend 3 to 5 hours a week counseling and guiding youth towards a more positive future. Each volunteer's Little Brother or Sister resides in the same or neighboring communities. Hearing impaired and deaf participants are facilitated. Spanish available.

C.H.A.R.O. (Community & Human Resources, Inc.) – Child Development Center

5777 Lockheed Ave.
Whittier, CA 90606
(562) 699-3976
(562) 699-8291 – Fax

Web: www.charocorp.com

Hours: Mon.-Fri., 6:30 a.m. to 6 p.m.

Ages: 2 to 5 years. State-funded program providing quality childcare at low or no cost to families. To qualify for enrollment, parents must be either working, seeking employment or in vocational training. No geographical restrictions. Spanish available.

Community Youth Programs

7239 Washington Ave., Ste. 103
Whittier, CA. 90602
(562) 945-0701

Ages: 14 to 21 years. Offers literacy training, career counseling, family counseling, after school tutoring, mentorship program, work experience, job readiness training, accept probation/court referrals, GED preparation and vocational training.

East Whittier City School District

14535 E. Whittier Blvd.
Whittier, CA 90605
(562) 907-5900

Web: www.ewcsd.k12.ca.us

Hours: Mon.-Fri., 8 a.m. to 4:30 p.m.

Grades: K-8. Offers free breakfast and lunch programs. Some schools have before and after school programs through WYN or Y.M.C.A. Contact individual schools for more information.

YOUTH/FAMILY SERVICES

Franklin Alternative Education Center

5777 S. Lockheed Ave.
Whittier, CA 90606
(562) 692-1497
(562) 908-0332 – Fax

Hours: Mon.-Fri., 8 a.m. to 4 p.m.

Children must be referred by a school district. Provides educational opportunities for children who have not been successful in other schools.

Girl Scouts of U.S.A. Spanish Trails Council

9525 Monte Vista Ave.
Montclair, CA 91763
(626) 331-7325
(626) 693-0268 – Fax
(909) 399-0808

Hours: Mon., Tues., Thur., & Fri.,
9 a.m. to 5:30 p.m.
Wed., 9 a.m. to 8 p.m.

Ages: 5 to 17 years. Various recreational activities for female children and youth. Program includes camping, outdoor activities and career exploration. Call for nearest chapter.

H.O.T. (Hispanic Outreach Taskforce)

13215 E. Penn St., Ste. 329
Whittier, CA 90602
(562) 789-0550
(562) 789-0559 – Fax

Web: www.hotoutreach.com
Email: info@hotoutreach.org

Non-profit organization with focus on improving education, financial literacy, cultural arts and economic development within the Hispanic community. Provides access and information on social services to residents in Whittier, Santa Fe Springs, Pico Rivera, Los Nietos and neighboring areas. Call or visit website for information on programs, or to sign up for the organization's newsletter.

Los Angeles County Dept. of Children & Family Services – Foster Care

3075 Wilshire Blvd. 9th Floor
Los Angeles, CA 90010
(213) 639-4799 OR (888) 811-1121
(213) 639-4033 – Foster Care

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Pre-application unit for anyone interested in becoming a foster parent. All adults in household must be fingerprinted, have T.B. test or chest x-ray. Pre-license training, post-license home evaluation.

Los Nietos School District

8324 S. Westman Ave.
Whittier, CA 90606
(562) 692-0271
(562) 699-3395 – Fax

Hours: Mon.-Fri., 8 a.m. to 4:30 p.m.

Call or visit website for information and directory of individual schools.

Web: www.losnietos.k12.ca.us/

O.P.T.I.O.N.S. / Childcare & Human Services – Resource & Referral

100 N. Citrus St., Ste. 300
West Covina, 91791
(626) 967-7848 – Administration
(626) 858-0527 – Child Development Centers (Ages 3 to 4)
(626) 854-3449 – Half-Day Preschool (Ages 3 to 4)
(626) 459-4299 – Head Start (Ages 3 to 4)
(626) 284-9935 – Surround Care (Ages 5 to 11)

Hours: Mon.-Fri., 9 a.m. to 5 p.m.

Various child care services including resource and referral, child counseling, along with teen, family and parenting classes. Please call for both daycare guidelines and class enrollment. Programs aim to provide a safe learning environment for families who cannot afford daycare. Also offers daycare for individuals who not meet guidelines. Funding: State, Federal, United Way, non-profit. Serves: San Gabriel Valley, Whittier and La Mirada. Spanish and Chinese available.

Web: www.optionscc.com

YOUTH/FAMILY SERVICES

S.A.S.S.F.A. (Southeast Area Social Services Funding Authority) – Youth Services

10400 Pioneer Blvd., Unit 9
Santa Fe Springs, CA 90670
(562) 946-2237, Ext. 4
(562) 906-5807 – T.T.Y.

Web: www.pfpworksource.org
www.sassfa.org

Hours: Mon.-Thur., 7 a.m. to 6 p.m.
Closed Fridays.

Non-profit. Offers leadership development, peer counseling, GED preparation, tutoring, and job/business assistance. Services are free but donations greatly appreciated. Covering residents of La Habra Heights, La Mirada, Pico Rivera, Santa Fe Springs and incorporated/unincorporated Whittier.

SKILLS Foundation – Club Dexter After-School Program

Whittier Community Center
7630 Washington Ave.
Whittier, CA 90602
(562) 464-3430

Web: skillsfoundation.org
Web: www.whittierch.org
*Link to under “Recreation & Arts”, “Youth Programs”

Hours: Mon.-Fri., 2:30 to 5:30 p.m.

Fee based after school recreational program for youth at designated middle school (Dexter Middle School). Members participate in a variety of recreational activities, special interest classes, personal development activities and excursions. Tutoring is also available.

South Whittier School District

10120 S. Painter Ave.
Santa Fe Springs, CA 90670
(562) 944-6231
(562) 944-9659 – Fax

Web: www.swhittier.k12.ca.us/

Hours: Mon.- Fri., 7:30 a.m. to 4:30 p.m.

Grades: K-12. Call or visit website for information and directory of individual schools.

S.P.I.R.I.T.T. Family Services – Challenging Latinos to Access Resource Opportunities (C.L.A.R.O.)

9401 S. Painter Ave., Bldg. E
Whittier, CA 90605
(562) 698-9436

Web: www.spiritt.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Works with middle and high schools as well as other community agencies to help young males, ages 12 to 18, define their identity and find solutions to problems. Programs provided include: counseling (individual, family and group), drug testing, support groups, parenting classes, anger management and after-school activities/education. Also provides prevention and intervention for alcohol and drug abuse, domestic violence and gang involvement.

Together We Rise

13259 Joshua Ave.
Chino, CA 91710
Contact Persons:
(909) 260-1179 – Danny Mendoza (Pres.)
(909) 706-2500 – Christopher Ames (Sec./Vice Pres.)

Email: info@togetherwerise08.org

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Non-profit. Servicing local and extended communities to provide guidance and social support for disadvantaged children/youth. Works in conjunction with foster homes and runs boarding camp program. Call contact persons for more information and any availability of various programs/projects. Contributions and volunteers welcome.

YOUTH/FAMILY SERVICES

Y.M.C.A. of Greater Whittier

East Whittier:

15740 Starbuck St.
Whittier, CA 90603
(562) 943-7241
(562) 943-2572 – Fax

Uptown Whittier:

12510 Hadley St.
Whittier, CA 90601
(562) 907-6530
(562) 907-6527 – Fax

Web: www.ymcawhittier.org

Office Hours: Mon.-Fri., 5 a.m. to 9 p.m.

Health, physical education, fitness/training, informal education classes, family recreation, aquatic lessons, senior citizen programs, parent/child programs, camping, dance, martial arts classes, youth sports, disabled programs, preschool care (ages 2 to 5 years), and after-school program (from kindergarten through 8 years old.) Scholarships and financial assistance is available. Spanish available.

Whittier Christian Schools –

Main Campus:

6548 S. Newlin Ave.
Whittier, CA 90601
(562) 698-0527

Preschool:

(562) 698-0529

Junior High:

(562) 698-0798

Web: www.whittierchristian.org

Hours: Mon.-Fri., 7 a.m. to 5 p.m.

Grades: K-6. A ministry of Cavalry Baptist Church. Presently contains two elementary campuses, two preschool campuses, one junior high and a homeschool program. (See below). Visit website to request information packet to be mailed to you. Call to schedule a tour of the facilities, and for further explanation of specific services along with varying locations.

Whittier Christian Schools –

Maybrook Campus:

11700 Maybrook Ave.
Whittier, CA 90604
(562) 947-3757

Preschool:

(562) 947-3759

Extended Day Program:

Newlin (Main) Campus:
(562) 698-0528

Maybrook Campus:
(562) 947-3758

Web: www.whittierchristian.org

Hours: Mon.-Fri., 7:45 a.m. to 3:45 p.m.

Extended Day Care: 7 a.m. to 6 p.m.

Grades: K-6. A ministry of Cavalry Baptist Church. Presently contains two elementary campuses, two preschool campuses, one junior high and a homeschool program. (See above). Visit website to request information packet to be mailed to you. Call to schedule a tour of the facilities, and for further explanation of specific services along with varying locations.

Whittier City School District

7211 S. Whittier Ave.
Whittier, CA 90602
(562) 789-3000

Web: www.whittiercity.k12.ca.us

Hours: Mon.-Fri., 7:30 a.m. to 4:30 p.m.

Grades: K-8. Mission is to provide a safe, caring and nurturing environment that ensures high student achievement in all subject areas, with special focus on literacy, mathematics, and the use of technology. Variety of after-school programs. Contact individual schools for more information.

YOUTH/FAMILY SERVICES

Whittier Friends School
6726 S. Washington Ave.
Whittier, CA 90601
(562) 945-1654

Hours: Mon.-Fri., 7 a.m. to 6 p.m.

Grades: K-6. Greater Whittier area served.

Whittier Recreation Division
7630 Washington Ave.
Whittier, CA 90602
(562) 464-3430

Hours: Mon.-Fri., 8 a.m. to 5 p.m.

Recreation activities, sports, drama, dance, playgrounds, therapeutic recreation services, crafts, aquatics.
